

Newsletter of the College of Diplomates of the  
American Board of Orthodontics

## 43rd Annual Summer Meeting Focused on *Plastics*

By Dr. Linda Rigali

**BREAKING  
NEWS!**

See page 11

The 2023 annual reunion of the College of Diplomates of the American Board of Orthodontics was a great success! Coeur d'Alene, Idaho offered a wonderful venue for families to enjoy. In fact, over thirty children attended, making the meeting a memorable family summer vacation.

Eight different lectures over three half days gave us needed insight into the efficiencies of moving teeth with plastic. Dr. Jae Park, our scientific chair, invited an impressive panel of world-renowned speakers. Using auxiliaries, as only orthodontists are trained to

do, was a central theme of aligner modalities. The introduction of direct print aligners further enhanced our knowledge of the future of orthodontic care.

Attendees enjoyed boating, rafting, fishing, parasailing, tubing and swimming. Afternoons included excursions to a silver mine and local brewery and distillery. Children and families enjoyed exploring downtown Coeur d'Alene with Mudgy the Moose and his sidekick Millie the Mouse.

*continued on page 4*



2023 College Meeting attendees.

See page 4 for more Annual Meeting highlights. ➔



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## College of Diplomates of the American Board of Orthodontics, Inc.

1718 Church Street, #331461  
Nashville, TN 37203  
833-46CDABO (833-462-3226)  
info@cdabo.org  
www.cdabo.org

- 👤 **Editor**  
Dr. Howard Fine, Goldens Bridge, NY
- 👤 **President**  
Dr. Ashok Kothari, Countryside, IL
- 👤 **Executive Director**  
Kerry Dunn, Nashville, TN

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## PRESIDENT'S MESSAGE

By Dr. Ashok Kothari

What a pleasure it is to serve as the President of this prestigious organization! I am humbled when I read the names of those who have served in the College and those orthodontists who attend the annual meetings.

I have been a proud member of our specialty for more than 45 years. I graduated from Nair Hospital Dental College, Mumbai in 1975 and received my Master's degree in Orthodontics in 1978 from Bombay University, India. The quest for additional knowledge in orthodontics brought me to Loyola University, Chicago where I received my Certificate in Orthodontics in 1983. I was Clinical Assistant Professor of Orthodontics at University of Illinois-Chicago until 2013. I have been in private practice in Countryside and Joliet, IL for more than 40 years.

My lovely wife, Anju, and I have two children. My son Anish is a software engineer and my daughter Anuja is an orthodontist. I have the pleasure of sharing my practice with her and we are constantly learning from each other.

I attended my first College meeting at Whistler, Canada in 2014. I was intrigued by the theme "Our Specialty's Future" and it provided understanding of what our specialty must do to survive. I was overwhelmed by the welcoming nature of the members and the outstanding scientific program. I have attended many meetings since then and I am grateful for the lifelong friends I have made through these meetings. The College offers the finest meeting, attended by the finest orthodontists, with attendees able to enjoy the greatest destinations with their families.

The College truly believes that becoming board certified and maintaining certification by the ABO is one of the most important ways that we can distinguish ourselves as specialists. This has been the aim of the College since 1979. "The quest for board certification now requires achievement for a lifetime." ABO directors should be commended for their hard work that goes on with examination process changes. As a result of the new scenario-based format which is "fair, reliable and valid," 61% of AAO eligible orthodontists are now board-certified. I would like to thank our prep course committee for keeping up with the changes of examination format. As President of the College, I would like to see the College membership increase with an increase in newly certified orthodontists.

It is with great pleasure that Anju and I invite the College family to the 2024 Annual Meeting in Savannah, Georgia which will be held March 8-11. Savannah was designated a National Historic Landmark in 1966. It boasts a rich history, graceful architecture, Spanish moss draped live oak trees along the cobblestone streets and squares. Savannah has been named one of the top five cities to visit in the United States. The Westin Savannah Harbor Golf Resort & Spa will host us and is easily accessible from the Savannah International Airport.

An excellent scientific program is the hallmark of the College Annual Meeting. Dr. Sandy Bigman (our scientific chair) and I have assembled a fantastic group of speakers to focus on Interdisciplinary treatment.

I truly hope you will take a weekend off next SPRING to learn advances in interdisciplinary care, enjoy the camaraderie of the College and enjoy Savannah.

Looking forward to personally greeting you in Savannah!



# The Scientific Topic for the 2024 Annual Meeting is *Navigating Tough Challenges*

By Dr. Ashok Kothari

The number of adults in our patient pool is growing. The needs of these adult patients are unique, with challenges in diagnosis and treatment. Orthodontists cannot treat the adult patient or complex case by themselves due to underlying periodontal issues, missing teeth, skeletal abnormalities and/or unattended developmental defects. Dental specialists and medical colleagues play an important role along with orthodontists to resolve these complex cases and treat them successfully. We decided to seek clinicians with years of experience in interdisciplinary care to help us focus on *Navigating Tough Challenges*.

Our first speaker on Saturday is **Dr. Hugo De Clerck** and his topic is *True Mandibular Lengthening with Bone Screws*. The next speaker is **Dr. Ashok Kothari**, current College President, who will be speaking on *Management of Complex Cases with Interdisciplinary Treatment*. With more than 40 years of experience working together on an interdisciplinary team, Dr. Kothari has successfully treated many unique cases.

On Sunday morning, **Dr. Frank Celenza** will start the session with a talk on *Ortho/Perio in the Aligner Age*. Dr. Celenza holds dual certification in both orthodontics and periodontics. Our next speaker, **Dr. Roger Wise**, will be speaking on *Treatment of the Periodontally Compromised Patient Utilizing Invocative and Effective Team Collaboration*. The Sunday morning session will conclude with **Dr. Pradip Shetye** discussing *Orthodontic Management of Patients with Cleft from Birth to Adulthood*.

On Monday morning, we will begin with **Dr. Sebastian Baumgaertel**. The title of his presentation is *Treatment of Three Tough Orthodontic Problems with TADs*. Our final speaker, **Dr. Katie Klein**, will share her experiences with treatment of *The Surgical Orthodontic Patient*.

This is an exciting program headlined by seven speakers who will share their experiences with managing complex cases. We are all looking forward to seeing you in Savannah.



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## 43rd Annual Summer Meeting... continued from page 1

The golf tournament was held at Coeur d'Alene's award-winning golf course featuring the famous floating green. I am happy to report that not one golf ball was lost to the lake. All 28 golfers made it to the green!

The President's dinner started with a scenic boat ride around the lake. The group then disembarked at the Hagadon Event Center overlooking the lake where we enjoyed a wonderful dinner followed by a DJ and dancing. Dr. Bruce Goldstein received the well-deserved Samir Bishara Award of Merit. Children and adults alike availed themselves of the "Happy Camper Photo Booth" and S'mores making.

Although the meeting was all about plastics, we were as environmentally friendly as possible by eliminating plastic water bottles and paper. In fact, we estimate that we saved approximately 1000 8 oz water bottles by using water dispensers and coolers.

"Whova," our new meeting app, allowed attendees to share messages, photos, and videos. All information for the meeting was readily available on individuals' cell phones.

Our new executive director, Kerry Dunn, did an exceptional job curating this meeting, her first with the College. Thank you, Kerry. Also, many thanks to our longtime historian, Dr. John Carter, for advising us on College traditions.

A meeting of this magnitude cannot be successful without the support of our sponsors. Much appreciation to the following companies: Forestdent Graphy, 3M, Bond Orthodontic Partners, OrthoFX, Reliance, uLAB systems.

It has been my honor to serve as President of the College over the past year. The College Council is a team of hard working and committed individuals who are dedicated to the profession of orthodontics. I would like to thank every member of the Council for their support, encouragement and help in organizing this meeting: Dr. Ashok Kothari, Dr. Sandy Bigman, Dr. Paul Sproul, Dr. Matthew Ng, Dr. Nipul Tanna and Dr. Howard Fine.

Thanks also goes to my general chair, Dr. Bruce Goldstein, whose vision of this meeting being held at this wonderful venue finally came to fruition.

The College is in excellent hands with our new president Dr. Ashok Kothari. I am confident that the college will continue to thrive and flourish. Please join us in Savannah, GA in March of 2024.

With gratitude,



Dr. Linda E. Rigali  
Past President, College of Diplomates of the  
American Board of Orthodontics

**Dr. Linda Rigali honored as outgoing President  
by 2024 President-Elect Sandy Bigman**



**2023 Dr. Samir Bishara Award of Merit  
given to Dr. Bruce Goldstein by  
Drs. Linda Rigali and Howard Fine.**





**Dr. Neal Kravitz kicks off the scientific session on Saturday morning.**



**College Council and ABO Directors.**



**Drs. Nikhilesh Vaid, Jae Park, Ashok Kothari and Lee Graber enjoy the Friday night welcome reception.**



**President Dr. Ashok Kothari.**



**AAO CEO Lynne Thomas Gordon and AAO President Dr. Myron Guymon.**



**Networking with our sponsors.**



## On the Lighter Side...

Meeting attendees enjoyed excursions, family activities and group social events.



Enjoying the beautiful scenery at the Sunday night President's Dinner.

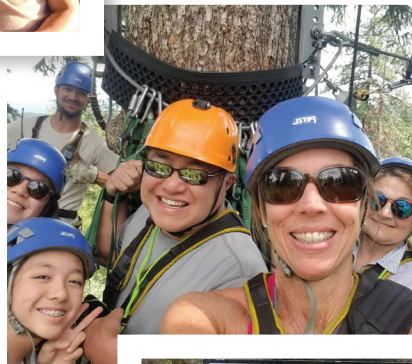






**This Fore-some was a Force on the course!**







## THANK YOU TO OUR 2023 ANNUAL MEETING SPONSORS AND EXHIBITORS

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## Savannah – The Spirit of the South

By Dr. Ashok Kothari

Founded in 1773, General James Oglethorpe designed Savannah as one of the first planned cities in the country by laying it out in a grid pattern. Today there are 22 historic squares, each with a unique personality, just waiting to be explored. More information is available at [www.savannah.com/savannah-historic-squares/](http://www.savannah.com/savannah-historic-squares/).

Discover the rich religious history of the city that includes the third oldest Jewish Congregation in America, a Catholic Basilica, the oldest Episcopal Church in Georgia and the First African Baptist Church that was founded in 1733.

Explore the roof tops of Savannah. There are many rooftop bars that offer unique views of the city, cargo ships and massive oak trees. Suggestions include Cotton Sail Hotel, Rocks on the Roof, Drayton Hotel, The Grove, Top Deck Bar and Peregrin.

Discover why people flock to Savannah simply to dine. Make reservations at least a month in advance. Some favorites include: The Grey, The Pink House, Saint Neo's, Vic's on the River, Garibaldi, Noble Fare, Local 11 Ten, Stone & Webster Chophouse, Husk, Fox and Fig, Circa 1875 and Collins Quarter. A few restaurants do not take reservations but they are well worth the wait: Chive Sea Bar and Flying Monk. The best pizza in town is Vinnie Van GoGo's. Don't forget to enjoy the famous Leopold's Ice cream in the historic district and at Savannah airport. Savanna Pralines are also not to be missed.

Wander the prettiest streets in America. On Jones Street, the beautiful 19th century homes are framed by an overarching canopy of Live Oak trees draped with Spanish moss.

Art lovers will not be disappointed. Consider visiting Telfair Museum, the Jepson Center or the Museum at the Savannah College of Art and Design. There are plenty of small galleries showcasing local artists.

Get a glimpse into the past by visiting one of the historic homes. Recommendations include: Owens-Thomas House, Juliette Gordon Lowe's Birthplace, Andrew Low House and Harper Fowlkes House.

Discovering local beer is a fun way to spend the afternoon. Check out the local breweries such as Tides and Southbound.

There are trendy boutiques scattered around the city. Some of the favorites include: The Paris Market, One Fish Two Fish, E.Shaver Books, Savannah Bee Company and Copper Penny.

It is an easy 30-minute drive from Savannah to the Atlantic Ocean. If you go to Tybee, stop to visit its historic lighthouse and Fort Pulaski which guarded the Savannah River entrance during the Civil War. It is a National Monument.

You may enjoy relaxing and not want to leave the resort...watch expansive cargo ships traveling along Savannah River, play the 18-hole PGA championship golf course, check out the new tennis complex, relax with an appointment at the Heavenly Spa, take a long walk or enjoy the hotel amenities which include a heated outdoor pool and fitness center with sauna and workout classes.





## Welcome New Council Member

### Dr. Jane Wright

Dr. Jane Wright joins the College of Diplomates as a new councilor on the board. Jane received her Bachelor of Science in Nutrition Science from the University of Minnesota, Twin Cities. She received her dental degree, orthodontic certificate and Master of Science degree from Marquette University. She practices in Kenosha, Wisconsin with her father, and fellow ABO member, Dr. John Crawford. Jane also teaches part-time at Marquette University School of Dentistry in the orthodontic department and enjoys educating school children on the importance of brushing and flossing. Her most recent publication, *The Capture of Clementine*, is a children's book about a tooth fairy who teaches twin girls how to take care of their teeth and make healthy food choices.

Jane completed ABO certification in 2014 but has been attending College meetings long before that! Her father encouraged the family to prioritize the College meetings every year, and it was often the highlight of their summer. Meetings in Whistler, Quebec, Sun Valley, Maine, and other interesting locales created memories of quality family time that she cherishes to this day. As soon as Jane became board certified, she joined the College and started to bring her young family to meetings as well.



“ As a new councilor to the College, I look forward to supporting and advancing the organization. My goals are to increase membership and attendance at annual meetings. I hope that other orthodontists will see the value of the excellent scientific program paired with unique destinations and family time to relax and have fun. I plan to maintain the high caliber of presenters and topics that will stimulate and encourage the orthodontists in attendance. I am honored to be part of such a wonderful group of orthodontists and look forward to my time on the board. ”

## Welcome to Our New College Members

Dr. Kelsea Ashton  
*Carterville, Illinois*

Dr. James Morrish  
*Bradenton, Florida*

Dr. Blake Sherrick  
*Spring, Texas*

Dr. Jasmine Faldu  
*Pleasanton, California*

Dr. Arvin Pal  
*San Diego, California*

Dr. Amanda Tompkins  
*Castle Rock, Colorado*

Dr. Vincent Graves  
*Fort Worth, Texas*

Dr. Thomas Paron  
*Brighton, Michigan*

## IN MEMORY OF OUR COLLEGE MEMBERS

Dr. Joseph Arcidi  
*Concord, Massachusetts*

Dr. Rafael Baez  
*San Juan Puerto Rico*

Dr. Randall Rigsby  
*Pensacola, Florida*

Dr. Marvin G. Stephens, Jr.  
*Tyler, Texas*



## 2025 Meeting to be Held in Colorado Springs, Colorado

*By Dr. Sandy Bigman, 2024-2025 College President*

Get ready for the exciting College Annual Meeting at the sensational, world-famous Broadmoor Resort in Colorado Springs, July 11-14-2025. See <https://vimeo.com/725462553>.

We are celebrating “Back to the Future” with a fantastic international program put together by our scientific chair Dr. Matthew Ng. The prospective topics include multidisciplinary treatment, surgical orthodontic considerations, esthetics and digital orthodontics.



The Broadmoor Hotel in  
Colorado Springs, Colorado.  
*Jim Lambert / Shutterstock.com*

The Broadmoor is a COMPLETE resort. You can fly directly into Colorado Springs or Denver. There is zip lining, waterfall hiking, bowling, movies, infinity pools, two famous golf courses, tennis courts on site as well as a world-famous spa. The Broadmoor has many restaurants in addition to galleries and shopping. You literally don't have to leave the premises.

As you plan your vacation, there are numerous attractions in the surrounding area that can be included in your plans. At the Cheyenne Mountain Zoo you can feed the largest concentration of giraffes in North America. You can visit Pikes Peak mountain, the beautiful Garden of the Gods state park, or tour the Air Force Academy with its famous cathedral.

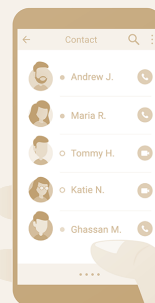
The College looks forward to seeing you at this exciting venue. So gear up for the adventure and join us in 2025!

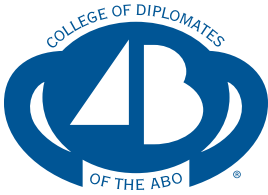
## #BREAKINGNEWS

### The College is launching a membership database!

Make sure you have our email **info@cdabo.org** in your contacts list so that you receive notification of the launch.

You will be able to update your personal profile, check to ensure your dues payment is up-to-date, register for events, and purchase brochures and plaques from the online store.





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1718 Church Street, #331461  
Nashville, TN 37203

833-46CDABO (833-462-3226)

info@cdabo.org  
www.cdabo.org



## 2023-2024 College of Diplomates Council

### President



Dr. Ashok Kothari  
orthoak@gmail.com

### Treasurer



Dr. Matthew Ng  
matthew.c.ng@gmail.com

### Editor



Dr. Howard A. Fine  
howardafine@cs.com

### President-Elect



Dr. Sandy Bigman  
drb@bigmanortho.com

### Councilor



Dr. Nipul Tanna  
nipul77@upenn.edu

### Parliamentarian (Non-voting member)



Dr. Eric L. Dellinger  
eld17@gmail.com

### Secretary



Dr. Paul Sproul  
paulsproul@knology.net

### Councilor



Dr. Jane Wright  
drwright@crawfordortho.com

### Historian (Non-voting member)



Dr. John William M. Carter  
jcretrac@gmail.com

### Reminder

Go to [www.cdabo.org](http://www.cdabo.org)  
for info and registration  
on upcoming College  
events and ordering  
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