



A Feast of Knowledge



**College of Diplomates
of the ABO**
July 14 • 2010 • July 18
Rockport, Maine
Samoset Resort

32ND ANNUAL MEETING A REUNION OF DIPLOMATES

Pendicott Bay ★

PRESIDENT'S INVITATION

2010 MEETING COMMITTEE

Philip Markin, President
Rodney Hyduk, General Chair
Nelson Diers, Scientific Chair
Robert & Marianne Moss, Social Co-Chairs
Tucker & Donna Haltom, Golf Co-Chairs
Colleen Carter, Children's Program
Charlie Ruff, Local Arrangements
John Carter, Logo Design

A special thanks to the following spouses for their contribution in planning this meeting:
Phyllis Markin and Nancy Hyduk

2010 ANNUAL MEETING DEDICATED TO DR. SAMIR BISHARA

We honor Dr. Bishara for his dedication and leadership to the College and the College Council. As his guidance to the Council is immeasurable, we dedicate this meeting to him.

CONTINUING EDUCATION UNITS

College of Diplomates is currently an American Dental Association (ADA) CERP Recognized Provider.

ADA CERP® | Continuing Education Recognition Program

Up to 12 hours of continuing education units (CEU) are available through this program. Seminar registrants receive one CE credit for each seminar hour attended. It is the responsibility of the individual attendee to submit any necessary continuing education credit documentation to their individual state for verification.

Continuing education credits issued for participation in the CE activity may not apply toward license renewal in all states/provinces. It is the responsibility of each participant to verify the requirements of his/her state/provincial licensing board(s).

Disclaimer: The College of Diplomates of the American Board of Orthodontics does not review or approve of, or necessarily agree with, the topics, speakers and presentations set forth in this program. As such, by virtue of your attendance at this program, you acknowledge that any and all actions taken by you based upon such topics, speakers and presentations are undertaken by you at your own risk, and you further agree to hold the College of Diplomates of the American Board of Orthodontics harmless from any and all liability in relation to the same. The College of Diplomates of the American Board of Orthodontics encourages you to make your own independent judgment as to the topics, speakers and presentations, and to rely on the advice of professionals, as appropriate, in making decisions in relations thereto.

- Financial and/or Beneficial Interest
- * Visually Enhanced Presentation

The 2010 College of Diplomates meeting will be held on the midcoast of Maine at the Samoset Resort. We continue the College's tradition of having superior scientific sessions at spectacular locations. Samoset is located on Penobscot Bay a few minutes between Rockport and Camden. It is an easy drive from the Portland airport (78 miles). This meeting site lends itself to a wonderful family vacation. Extend the meeting by visiting the charming coastal villages offering activities from sailing on majestic windjammers to touring historic lighthouses to taking lobster boat tours. Travel North to Bar Harbor and don't miss Acadia National Park. On the way back to Portland you must stop at Freeport—the home of LL Bean and hundreds of top notch outlet shops (bring an empty suitcase to fill at Freeport).

The scientific program will be a serious debate on self-ligation. We hope to once and for all help you decide on the value of these appliances. Our scientific chair, Dr. Nelson Diers has put together an outstanding panel of speakers. Four different bracket systems will be discussed. Dr. Mark Coriel (GAC), Dr. Anoop Sondhi (Unitek), Dr. David Hime (Speed), and Dr. David Paquette (Ormco) will make presentations. Obviously, these speakers are biased toward their brackets systems. Consequently, Dr. Birte Melsen and Dr. Nigel Harradine will speak from an unbiased prospective. The scientific session will conclude with a panel discussion moderated by Dr. David Turpin. The audience will be encouraged to ask tough questions regarding the claims and findings of the various speakers. Hopefully attendees will return to their offices with the answer to the question "do the self-ligating systems live up to the claims of their respective companies?"

Our social co-chairs of Dr. Robert Moss and his wife Marianne have planned a terrific schedule of events. The opening reception will be held at the famous Owls Head Transportation Museum. A local Maine humorist speaker will describe the area at our opening breakfast and a traditional clam/lobster bake is planned for the closing dinner.

Our general chair, Dr. Rodney Hyduk and his wife Nancy have coordinated this meeting into what will be another wonderful College reunion.

Phyllis and I hope that you bring the family to experience this beautiful part of the country and attend a meeting that provides a "feast of knowledge."





MEETING AT A GLANCE

Wednesday, July 14

8:00 am – 4:00 pm College Council Meeting
 11:00 am – 6:00 pm Registration Open
 6:30 pm – 9:00 pm WELCOME RECEPTION

Thursday, July 15

7:00 am – 1:00 pm Registration Open
 7:30 am – 9:00 am Opening Family Breakfast
 Introductions, Program
 9:15 am – 11:15 am CDABO Kids' Program*
 9:30 am – 10:45 am Yoga*
 9:30 am – 11:00 am **SCIENTIFIC PROGRAM**
Friction, Low Friction, No Friction
Dr. Birte Melsen
 9:30 am – Noon Downtown Camden Shopping**
 10:30 am – Noon Teen Volleyball
 11:00 am – 12:30 pm **SCIENTIFIC PROGRAM**
*Self-Ligation – The Claims
 and the Evidence*
Dr. Nigel Harradine
 1:30 pm – 4:45 pm Cellardoor Winery Tour**
 1:30 pm – 4:30 pm Kayaking**
 2:00 pm – 3:15 pm Lobster Boat Tour**
 3:30 pm – 4:45 pm Lobster Boat Tour**
 5:00 pm – Sunset Sunset Schooner Cruise**
 7:00 pm – 10:00 pm Teen Lounge
 EVENING ON OWN

Friday, July 16

7:00 am – Noon Registration Open
 7:00 am – 9:00 am Breakfast for all registrants
 7:30 am – 8:15 am Member First Business Meeting
 9:15 am – 11:15 am CDABO Kids' Program*
 9:30 am – 10:45 am Yoga*
 8:30 am – 10:00 am **SCIENTIFIC PROGRAM**
*Self-Ligation – The Interactive
 Advantage*
Dr. Mark Coriel
 10:15 am – 11:45 am **SCIENTIFIC PROGRAM**
A Contemporary Approach to PSL
Dr. David Paquette
 11:00 am – 1:00 pm Cooking Demonstration*
 11:45 am – 12:30 pm Member Benefit for your Practice
 — Gift & Save
 1:00 pm Golf Tournament*
 1:15 pm – 5:00 pm Eco Schooner Cruise**

1:30 pm – 4:30 pm Kayaking**
 2:00 pm – 3:15 pm Lobster Boat Tour**
 2:00 pm – 5:00 pm Owls Head Lighthouse Tour**
 3:30 pm – 4:45 pm Lobster Boat Tour**
 6:30 pm – 9:30 pm Wine Tasting Dinner*
 7:00 pm – 10:00 pm Teen Lounge
 EVENING ON OWN

Saturday, July 17

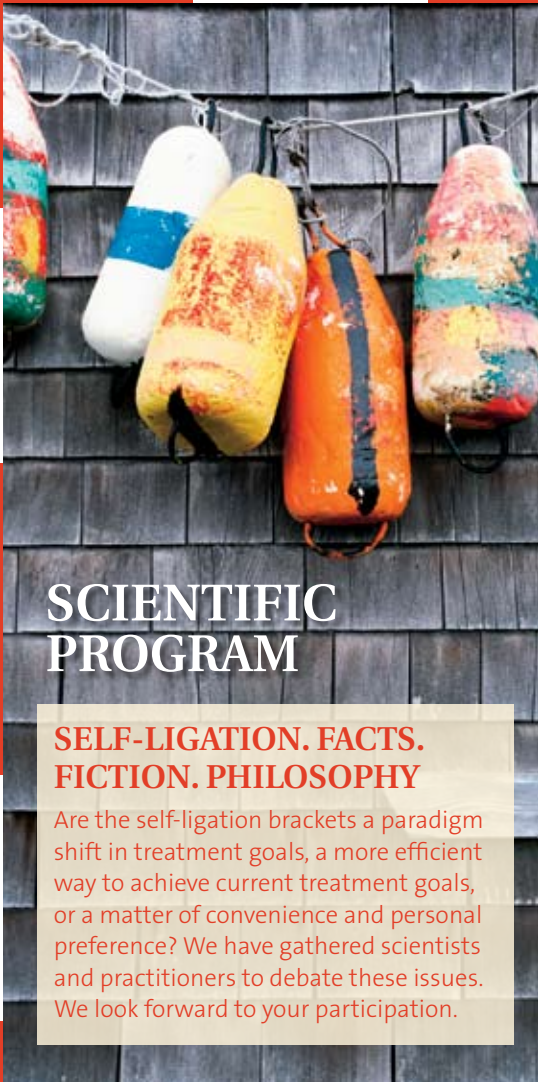
7:00 am – Noon Registration Open
 7:00 am – 9:00 am Breakfast for all registrants
 7:30 am – 8:15 am Member Second Business Meeting
 9:15 am – 11:15 am CDABO Kids' Program*
 9:30 am – 10:45 am Pilates*
 8:30 am – 10:00 am **SCIENTIFIC PROGRAM**
*Contemporary Orthodontic Treatment
 with Self-Ligating Appliances*
Dr. Anoop Sondhi
 10:00 am – 10:20 am Doctor's photo
 10:30 am – Noon **SCIENTIFIC PROGRAM**
*Active Self-Ligation – A Roadmap for
 Exceptional Treatment Outcomes*
Dr. David Hime
 Noon – 12:45 pm Internet & Media Marketing for
 CDABO members
 1:00 pm – 4:00 pm Council Meeting
 1:15 pm – 5:00 pm Eco Schooner Cruise**
 1:30 pm – 4:30 pm Kayaking**
 2:00 pm – 5:30 pm Hiking in Camden Hills Park**
 2:00 pm – 3:15 pm Lobster Boat Tour**
 3:30 pm – 4:45 pm Lobster Boat Tour**
 6:30 pm – 9:00 pm PRESIDENT'S DINNER

Sunday, July 18

7:00 am – 11:00 am Registration Open
 7:00 am – 9:00 am Breakfast for all registrants
 8:00 am – 11:00 am **SCIENTIFIC PROGRAM**
Panel Discussion
Moderator: Dr. David Turpin

* COLLEGE'S REGISTRATION FORM: Additional registration and fees apply

** OPTIONAL TOUR FORM: Additional registration and fees apply



SCIENTIFIC PROGRAM

SELF-LIGATION. FACTS. FICTION. PHILOSOPHY

Are the self-ligation brackets a paradigm shift in treatment goals, a more efficient way to achieve current treatment goals, or a matter of convenience and personal preference? We have gathered scientists and practitioners to debate these issues. We look forward to your participation.

THURSDAY, JULY 15

9:30 am – 11:00 am

Friction, Low Friction, No Friction

Dr. Birte Melsen



Orthodontic appliances can be classified into friction free appliances, where the teeth are not displaced in relation to the wire and sliding mechanics where

the teeth are displaced in relation to the wire. Pre-adjusted appliances and sliding mechanics are by far the most frequently applied; consequently the resistance to movement has been central in the development of self-ligating brackets.

The self-ligating brackets are claimed to be low friction, or friction free.

Friction is, however, only a minor part of resistance to sliding. Lack of friction does imply lack of control. The lecture will elucidate the factors of importance for tooth displacement in relation to wire. The statements related to the different brackets will be assessed and separated into claims, facts and fiction. The finishing will be discussed based on cone beam studies, calculations and in vitro measurements. Advantages and disadvantages related to the various bracket types will be discussed in the light of the marketing related to the different bracket types.

Questions:

What role does static friction play when a tooth is displaced in relation to a wire?

- Plays a minor role
- Depends on the type of movement
- Depends on the type of bracket

Treatment with self-ligating brackets is preferred by clinicians because

- Treatment time is shorter
- Finishing is better
- Treatment result is predictable

Which of the following statements are true?

- With self-ligation brackets expansion occurs as translation
 - Loosely ligated brackets do not give more friction than self-ligating brackets
 - Torque control is easier with a passive bracket

11:00 am – 12:30 pm

*Self-Ligation – The Claims and the Evidence**

Dr. Nigel Harradine



This presentation will examine the evidence concerning the full range of potential advantages and disadvantages of self-ligation, which have been proposed

by various authors, manufacturers and practitioners and will consider them in three categories:

- 1 • The core facts, which have been essentially established although the details should still be the subject of

further research. The interpretation of the clinical consequences of these results requires objective scrutiny.

2 • The specific question as to whether these established advantages do lead to more efficient treatment and why the results of investigations in this area disagree.

3 • The interesting proposed advantages, which have certainly not yet been established such as qualitative differences in treatment effects or improved bacterial and periodontal health. More recent investigations have begun to robustly examine these questions.

The talk will include relevant clinical examples and will also suggest how the message from some presented clinical cases has the potential for undue extrapolation.

FRIDAY, JULY 16

8:30 am – 10:00 am

*Self-Ligation – The Interactive Advantage**

Dr. Mark Coreil



Current market research indicates that self-ligating orthodontic brackets continue to grow in popularity among U.S. orthodontists. Numerous studies

and testimonials have detailed the increased clinical efficiency provided by self-ligating systems. At the same time, the majority of orthodontists continue to use a twin bracket system in their practices. Reasons for continuing to use a twin bracket system include both decreased cost and a genuine feeling that treatment results are excellent. Thus, there is a feeling among twin users that



there is no need to change bracket systems. No one will argue the fact that a pre-programmed twin bracket system provides exceptional control of tooth positions and delivers predictable results.

This presentation will demonstrate how a true straight-wire, interactive, self-ligating bracket system can provide the same control found in the twin bracket system while increasing treatment efficiency and allowing for improved oral hygiene. Numerous studies and case presentations will be used to demonstrate the advantages of interactive self-ligation over passive self ligation.

10:15 am – 11:45 am

A Contemporary Approach to PSL

Dr. David Paquette



Dr. Paquette will review contemporary passive self-ligation techniques, including current recommendations for treatment planning, bracket torque

selections, bracket positioning, and wire selections. He will be reviewing their interaction toward clinical management of patients for specific treatment goals. He will review research comparing various wire/bracket combinations and their relationships to forces placed on the teeth. He will also review research on arch form development and post treatment stability.

SATURDAY, JULY 17

8:30 am – 10:00 am

Contemporary Orthodontic Treatment with Self-Ligating Appliances

Dr. Anoop Sondhi



This seminar will review key principles that are necessary to effectively manage the SmartClip and Clarity SL Self-Ligating Appliance Systems in an orthodontic practice.

In addition to a detailed demonstration of the treatment of different types of orthodontic challenges, the seminar will include a number of the clinical and management pearls that are critical to effectively implement these treatment systems into your office. The lecture will be supplemented by live videotaped demonstrations of some of the arch wire and bracket placement procedures.

10:30 am – Noon

Active Self-Ligation—A Roadmap for Exceptional Treatment Outcomes

Dr. David Hime



Active self-ligation offers many advantages over both passive self ligation and conventional ligation. A thorough understanding of the mechanical advantages of active

self-ligation will allow the practitioner to provide treatment that is efficient and comfortable for the patient, and yet precise in finishing for predictably exceptional outcomes. The Speed appliance is the only self-ligating appliance that features a nickel titanium spring clip. The design of the speed appliance exploits the inherent mechanical advantages of active self-ligation, and also provides additional advantages over other appliances. Dr.

Hime will describe these design features; the mechanical principles one should follow to maximize treatment outcomes, and will show well documented cases treated with the Speed appliance.

SUNDAY, JULY 18

8:00 am – 11:00 am

Panel Discussion – All Speakers

Moderator, Dr. Dave Turpin



Come to this meeting prepared to evaluate for yourself the value of each presentation made by the experts throughout the week. As you listen to each speaker, prepare

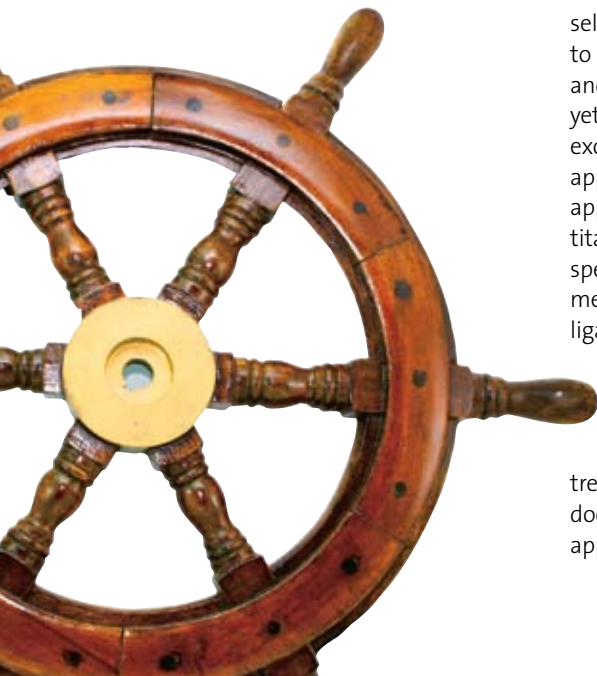
for the panel discussion at the end of the meeting by answering the following questions:

- Does the speaker refer mostly to in-vitro (lab bench studies) or in-vivo (patient) studies? (Prospective patient trials are more accurate.)
- Does the speaker base his/her reasons for using the appliance on studies with high levels of evidence instead of showing only case reports?
- Are the studies quoted published in refereed journals or are they company reports? (Data produced by commercial labs are used for marketing purposes and tend to have higher levels of bias.)
- Does the speaker identify sources of all funding for major studies used in support? (Independently funded studies generally have lower levels of bias than those commercially linked.)

By paying close attention to these details during every presentation, you will have the best information available on this all-important subject of appliance selection. You will also have a sound basis for questioning every speaker regarding the claims made in their presentations.

HOTEL ADDRESS/PHONE/FAX – FOR YOUR OFFICE STAFF OR FAMILY AT HOME:

Samoset Resort
(Camden-Rockport-Rockland, Maine)
220 Warrenton Street
Rockport, Maine 04856
207-594-2511 (Front Desk)
207-594-0722 (fax)
E-mail: info@samoset.com





SOCIAL PROGRAM

There are many summer activities in and around Camden, Rockland and Rockport, Maine. The following are group events specifically for the College of Diplomates. Please note the activities that require separate sign-up and registration fees. Tours that do not meet the minimum number needed to run will be cancelled.

WEDNESDAY, JULY 14

WELCOME RECEPTION 6:30 pm – 9:00 pm
(All registered family attendees)

Our Welcome Reception is a time to see people you have met at past meetings or to begin new friendships at this meeting. The evening will be at the Owls Head Transportation Museum an approximate ten minute ride from the Samoset Resort. The museum is nationally known for its landmark collection of pioneer aircraft, automobiles, bicycles, motorcycles, carriages and engines. Model T Rides will be available for your enjoyment. A buffet dinner will be served at the museum. Transportation will be provided.
Included in Your Registration.



THURSDAY, JULY 15

OPENING FAMILY BREAKFAST 7:30 am – 9:00 am

(All registered family attendees)
Welcome to our opening annual breakfast. A plated breakfast for all registered family members begins at 7:30 am. At 8:00 am our program begins with introductions and recognition of members at our meeting for the first time. At approximately 8:15 am there will be a special program featuring Maine humorist Gary Crocker.
Included in Your Registration.

CDABO KIDS' PROGRAM 9:15 am – 11:15 am
(Ages 4 & up)

Scavenger Hunt/Outside Painting: The kids will go on a scavenger hunt and win a prize based on all they find as fast as they can. Then they will create masterpieces with paints outside while enjoying nature. The resort will staff the activity. There will be one staff person per five children.
Sign Up on the College Registration Form.

YOGA 9:30 am – 10:45 am

Hatha Yoga — Yoga with a focus on movement and posture. Participants work towards openness without force, and are later guided through a deep relaxation session to end class. Whether you are a first-time, beginner, or advanced student you are warmly welcome. This activity will be at the resort.
Sign Up on the College Registration Form.

TEEN VOLLEYBALL 10:30 am – Noon

Meet up with friends you have made from past meetings or make new ones. Volleyball will be set up for ages 14 and above.
Sign Up is not necessary.

TEEN LOUNGE 7:00 pm – 10:00 pm
(Ages 14 & up)

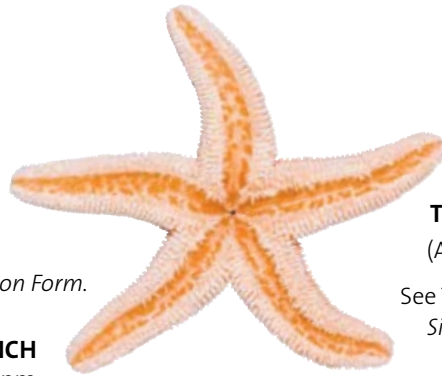
Here you will find a teen gathering place where you can come and go. Unsupervised room will have a ping-pong table, board games and movies.
Sign Up is not necessary.

FRIDAY, JULY 16

FAMILY BREAKFAST BUFFET 7:00 am – 9:00 am
(All registered family attendees)

CDABO KIDS' PROGRAM 9:15 am – 11:15 am
(Ages 4 & up)

Tie-Dye T-Shirt/Mystery Craft: Be a fashion designer for the day and create your very own tie-dye t-shirt. While your "creative juices" are flowing, make a "surprise craft." There will be one staff person per five children ratio.
Sign Up on the College Registration Form.



YOGA 9:30 am – 10:45 am

See Thursday description.

Sign Up on the College Registration Form.

TEEN LOUNGE

(Ages 14 & up)

See Thursday description.

Sign Up is not necessary.

7:00 pm – 10:00 pm

COOKING DEMONSTRATION/LUNCH

11:00 am – 1:00 pm

Experience New England culinary favorites with the Samoset Executive Chef. During this cooking demonstration followed by lunch, Chef Tim Pierce will share one of his family recipes of a traditional New England Fish Chowder, along with the preparation of a more contemporary Pecan Seared Scallop Salad with Cranberry Vinaigrette.

After lunch enjoy a mouth watering shortcake featuring local Maine strawberries. Lunch is included.

Sign Up on the College Registration Form.



GOLF TOURNAMENT

1:00 pm

Shotgun Start: The College’s golf tournament will be held at the Samoset Resort. Samoset’s 18-hole championship golf course meanders along the coast and through the woods. With seven ocean-side holes, ocean views from 14 of the 18 holes and with the completion of their 474 yard, par four 18th the Samoset Resort continues to be ranked one of New England’s premier resort golf destinations.

Appropriate golf attire is required. *This is a cart path only facility.* Contact the pro shop at 207-594-1431 if you wish to rent clubs. Please call in advance to reserve.

You may choose your playing partner or four-some (list names on Optional Golf Activity Registration Form) or four-some will be assigned for you. Prizes will be awarded for various categories of play.

Your afternoon of golf includes greens, cart and use of driving range before the tournament. Lunch is not included.

Sign Up on the Golf Registration Form.

WINE TASTING DINNER – TOUR OF AMERICA

6:30 pm – 9:30 pm

Join the Samoset’s Executive Chef Tim Pierce and Sommelier Jeremy Flint for a delectable four course *Tour of America* menu paired with premier wines from selected regions to enhance this fine dining experience. This event will be held at the Samoset Resort.

Sign Up on the College Registration Form

SATURDAY, JULY 17

FAMILY BREAKFAST BUFFET

7:00 am – 9:00 am

(All registered family attendees)

CDABO KIDS’ PROGRAM

9:15 am – 11:15 am

(Ages 4 & up)

Treasure Hunt/Outdoor Games: Search the property for buried treasure and have some fun with outdoor games. There will be one staff person per five children ratio.

Sign Up on the College Registration Form.

PILATES

9:30 am – 10:45 am

Core Challenge — Come and join our 75-minute Pilates based class that takes many of the basic movements and concepts of Pilates to the next level. This class is great for both the beginner and the more experienced participants. The class will combine a focus on core strength with precision and control with modifications available for varying levels.

Sign Up on the College Registration Form.

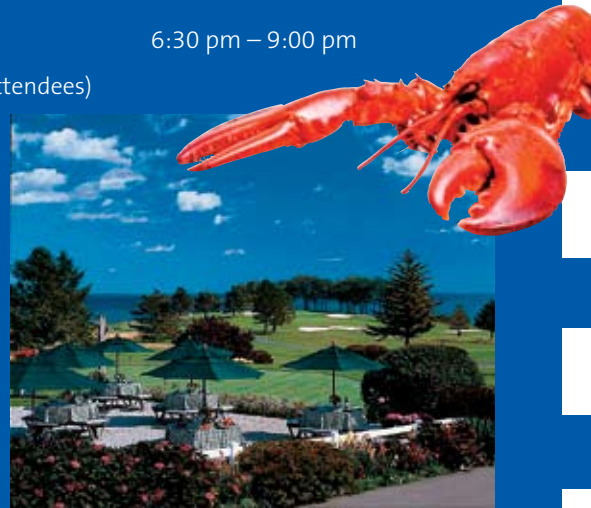
PRESIDENT’S DINNER

6:30 pm – 9:00 pm

(All registered family attendees)

Our final evening will celebrate the week with a Classic Maine Lobster Bake. This evening will be at the Samoset Resort outside overlooking Penobscot Bay. Activities for the children will be included.

Included in Your Registration.

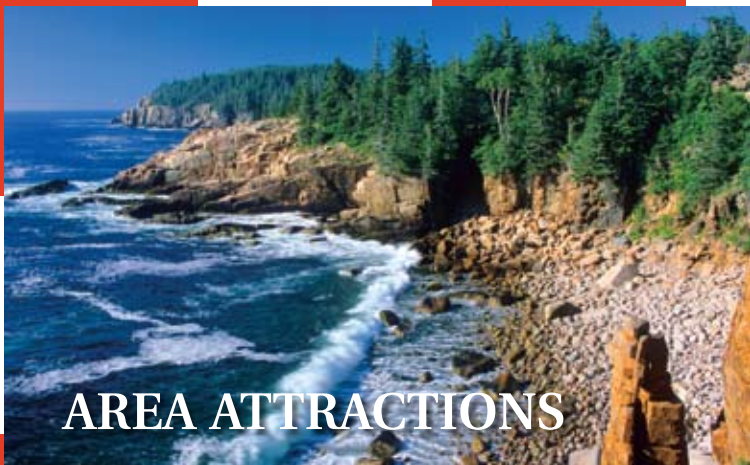


SUNDAY, JULY 18

FAMILY BREAKFAST BUFFET

7:00 am – 9:00 am

(All registered family attendees)



AREA ATTRACTIONS



ACADIA NATIONAL PARK

Before or after the meeting travel north about two hours from the Samoset and visit the charming coastal town of Bar Harbor and the neighboring Acadia National Park. The park is one of the most beautiful and enchanting natural places on the

North American continent. Mountains, islands and ocean combine in a unique sensory splendor that has become the crown jewel of Maine and all of America.

The park encompasses approximately 47,748 acres. Rocky Coastlines, granite mountains, lakes and ponds, moss and evergreen, crashing waves and abundant wildlife mix with local character and seafood in this magical place. Picturesque harbor villages such as Bar Harbor, Northeast Harbor and Southwest Harbor border the park and offer diverse lodging options.

The Acadia National Park region has a variety of things to do during the day as well as late into the evening. There is a wonderful and exciting blend of activities as varied as the terrain such as whale watching, kayaking, hiking, biking, museums, galleries, nightly entertainment, music, theatre, shopping, and more. For more information on Acadia National Park see the following Web sites: www.nps.gov/acad/index.htm www.acdiamagic.com

THE FARNSWORTH MUSEUM

The Farnsworth Museum is located in Rockland, Maine, which is within ten minutes of the Samoset Resort. Celebrating *Maine's Role in American Art*, the Farnsworth Art Museum offers a nationally recognized collection of works from many of America's greatest artists.

With 20,000 square feet of gallery space and over 10,000 works in the collection, there is always something new on view at the Farnsworth. The museum houses the nation's second-largest collection of works by premier 20th-century sculptor Louise Nevelson. Its Wyeth Center exclusively features works of Andrew, N.C. and Jamie Wyeth.

www.farnsworthmuseum.org

TRAVEL BY FERRY

Private and state-run ferry services provide a vital link to Maine's many island communities. You can spend the day biking, hiking, bird watching or beachcombing. Click on the below island communities' Web sites for information on the island and the ferry service/schedule to each island. Most ferry passengers can be by car, bicycle or on foot. You are more assured of a place on the ferry if on a bicycle or on foot. In the summer a ferry ride in a car may require a reservation far in advance, otherwise you could get stuck on the island or be in a very long line to get on the ferry and not make it.

Vinalhaven: www.vinalhaven.org

North Haven: www.northhavenmaine.org

Islesboro: www.islesboro.com

CAMDEN HILLS STATE PARK

The park is a few minutes north of the community of Camden, which is approximately ten minutes from the Samoset Resort. There are 30 miles of hiking and mountain-biking trails along forested slopes. Sweeping views of Camden, Penobscot Bay and surrounding islands can be seen from atop Mt. Battie.

www.stateparks.com/camden_hills.html

LIGHTHOUSES

More than 60 lighthouses dot the coastal regions of Maine. Lighthouses have become a symbol of Maine. There are at least a dozen in the mid-coast region. Some are retired now and have been transformed to Maine attractions. The Rockland Breakwater and Lighthouse is adjacent to the Samoset and is a spectacular walk.

See the Samoset Resort Concierge for more information on lighthouse tours.

BIKESENJAVA

Bikesenjava is a bike shop (You can also get a good cup of coffee.) dedicated to every cyclist

and every form of riding. They say the best way to tour the mid-coast and surrounding islands is on a bike! All rentals come with a helmet, lock, map and suggestions of where to ride. At the time of this writing a one-day rental is \$20.00.

Hayden's Bikesenjava is located in Rockland, Maine and can be reached by calling 207-596-1004 or go to www.haybikesenjava.com.

Reservations are strongly recommended.



LOCATION & ACTIVITIES



CHILDREN'S CAMP – AGES 5–12

The resort is revamping their program. For further information, call the Health Club at 207-593-1545 or visit the Samoset Web site.

ON-PROPERTY OUTDOOR ACTIVITIES

Badminton	Playground
Basketball	Shuffleboard
Croquet	Tennis
Horseshoes	Tetherball
Outdoor pool	Volleyball

HEALTH CLUB (Open 5:30 am to 9:15 pm)

The Health Club is complimentary to guests staying at the resort. You must be 14 years of age to use the cardio theater and/or strength center.

The Cardio Theater has 20 pieces of cardiovascular equipment including treadmills, bikes, elliptical trainers and stair steppers.

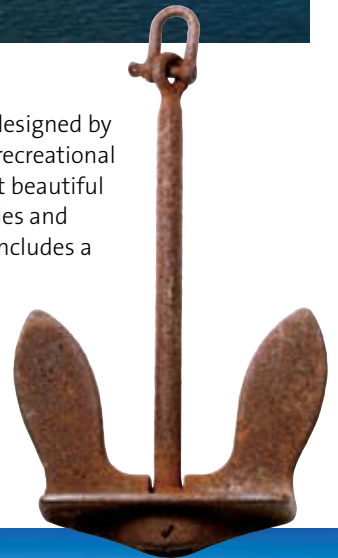
The Icarian Strength Center is filled with state-of-the-art exercise machines and free weights.

The Group Fitness room offers a variety of fitness classes all of which are complimentary to resort guests. For current schedule, please contact the health club at 207-593-1545.



GOLF

Samoset's 18-hole championship golf course designed by Robert Elder will delight both the serious and recreational player. The 6,600 yds., Par 70 is one of the most beautiful in New England boasting seven ocean-side holes and ocean vistas from 14 holes. The golf complex includes a clubhouse with an indoor/outdoor grille, golf range, practice green, short game facility with bunkers and private or group instruction. The modern clubhouse features a full selection of golf apparel, equipment and accessories. To schedule tee times, call the pro shop at 207-594-1431. Appropriate golf attire is required. This is a *Cart Path Only* facility.



OUTDOOR POOL

NEW "zero-entry" swimming pool is set on the hillside overlooking the Atlantic and surrounded by a multi-tier pool deck featuring a full-service café, private cabanas, hot tub and a fire pit.



INDOOR POOL

A 30' x 50' pool and hot tub is available to guests. Children under the age of 14 must be accompanied by an adult.

THINGS TO DO

Hotel reservation by phone by May 30

Registration form — Return to the College's office for discounted rate by June 14

Tour Form — Return to Tour Company by June 14

Golf Form — Return to the College's office by June 14



PLANNING YOUR TRIP

The area is the Camden-Rockport-Lincolnville region. The Samoset Resort is located just south of Camden, Maine along Penobscot Bay. The resort is accessible from three international airports:

Logan International Airport in Boston, MA (182) miles
 Portland International Jetport in Portland, ME (78 miles)
 Bangor International Airport in Bangor, ME (61) miles

DRIVING DIRECTIONS

From Boston, MA: (3.5 hours) Proceed north on I-95. Take slight right exit I-295 N, signs for Portland. Go 26 miles to exit 28 for Coastal Rte/US-1 toward Bath and Brunswick. Merge onto US-1 and follow US-1 for approximately 49 miles. Follow Rt. 1 north through Rockland down Main Street. Go approximately 1 mile and turn right at lights by Littlefield Baptist Church on Waldo Avenue. Samoset Resort entrance is ½ mile on the right.

From Portland, ME: (1.75 hours) Take I-295N. Go 26 miles to exit 28 for Coastal Rte/US-1 toward Bath and Brunswick. Merge onto US-1 and follow US-1 for approximately 49 miles. Follow Rt. 1 north through Rockland down Main Street. Go approximately 1 mile and turn right at lights by Littlefield Baptist Church on Waldo Avenue. Samoset Resort entrance is ½ mile on the right.

From Bangor, ME: (1.25 hours) Take Route 1A south to Route 1 south through Belfast and Camden, 7 miles beyond Camden and 1 mile beyond Penobscot Bay Medical Center. Turn left onto Warrenton Street just past the Glen Cove Rest Area and proceed 1 mile on Warrenton Street to the Samoset Resort entrance.

Please view the Samoset Web site for information on Maine regional/state airports at www.samosetresort.com

GROUND TRANSPORTATION

The resort does not provide transportation to and from airports. The Samoset Resort recommends Country Coach Charters, a local transportation company. They can be reached at www.countrycoachcharters.com, or at 207-380-7201.

LODGING AT SAMOSET RESORT

Make your hotel reservations directly with the Samoset Resort by calling their toll free number at 800/341-1650. Let the reservationist know you are with the College of Diplomates (CDABO) group room block. To receive the guaranteed group rate, your reservation needs to be received by May 30, 2010.



The hotel shall offer the group room rate beginning three (3) days prior (7/11/10) and up to three days (7/21/10) following the departure date, based on availability. Check-in time is 3:00 p.m. and checkout time is noon. All guest rooms are non-smoking. There is no charge for parking.

Cancellation Policy: You may cancel your room 72 hours prior to arrival without a penalty. If you cancel your room within 72 hours of your reservation you will be charged one night's room rate.

Room Rates:

Standard guestrooms	
single/double:	\$284.00 plus tax per night
Deluxe Ocean View:	\$322.00 plus tax per night
Standard Suites:	\$417.00 plus tax per night

Suites and King rooms have couches with a pullout bed.

All guest rooms and suites feature complimentary wireless internet, king or queen beds, voicemail, coffee makers, iron, ironing boards and hair dryers. Each guest room has either a private balcony or terrace overlooking the ocean or outdoor pool and gardens or golf course. The resort is unable to accommodate pets.

BABYSITTING

Babysitting can be arranged through the Samoset Health Club by calling 207-593-1545. The cost is \$10.00 per hour for the first child. There is an additional charge for more than one child. The babysitters are people who have worked for the resort or children of current employees. Advance notice of 24 hours or sooner is recommended.

TRAVEL TIPS AND CLIMATE

Usually the daily high for July averages in the mid 70s and the lows in the mid to upper 50s. The weather is highly changeable so we recommend you check the forecast before packing for your trip.

CLOTHING – WHAT TO WEAR

The overall attire for the resort is country club casual.

DINING – THE RESORT

MENU CHOICES ARE ON WWW.SAMOSETRESORT.COM.

Marcel's offers continental dining and is a recipient of the Wine Spectator "Award of Excellence" in honor of our extensive wine list and the AAA Four Diamond Award for dining. Breakfast and dinner served daily. Children's menu is available. Country club casual dress is appropriate. Dinner reservations **prior** to arrival are recommended.

Splash Pool Bar is open daily (weather permitting) with lighter fare to include salads and sandwiches. Children's menu is available.

Breakwater Cafe offers casual dining from light lunches to hearty dinners. Children's menu is available. Reservations not required.

Clubhouse Grille overlooks the golf course offering light lunches (salads and sandwiches) with seating inside or on the covered porch.



DINING – OFF-SITE

The Lobster Pound Restaurant. A full-service, family style restaurant located on Penobscot Bay about seven miles north of Camden. Casual and reasonable. It is open for lunch and dinner.

Phone 207-789-5550
www.lobsterpoundmaine.com

The Edge Restaurant. The Edge has a great view overlooking the Bay and open for dinner only. Reservations are suggested.

Phone 207-236-4430
www.diningattheedge.com

Jordan Pond House. If you extend your stay and head to Acadia National Park stop at the Jordan Pond House located on the Park Loop Rd. They serve lunch, afternoon tea and dinner and are known for their famous baked popovers and homemade ice cream.

Phone: 207-276-3316
www.jordanpond.com



Roadfood - Red's Eats – Wiscasset, ME.

Driving north on Route 1 you wouldn't even notice Red's Eats if it weren't for the huge line out front. Open since 1938 this small roadside food stand has been serving up some of the tastiest food in the state.

Most folks come to Red's for their world-renowned lobster rolls, killer fried clams, and hot dogs with bacon and cheese. Prepare yourself for no frills dining at it's best, as Red's is more of a grab and go place.

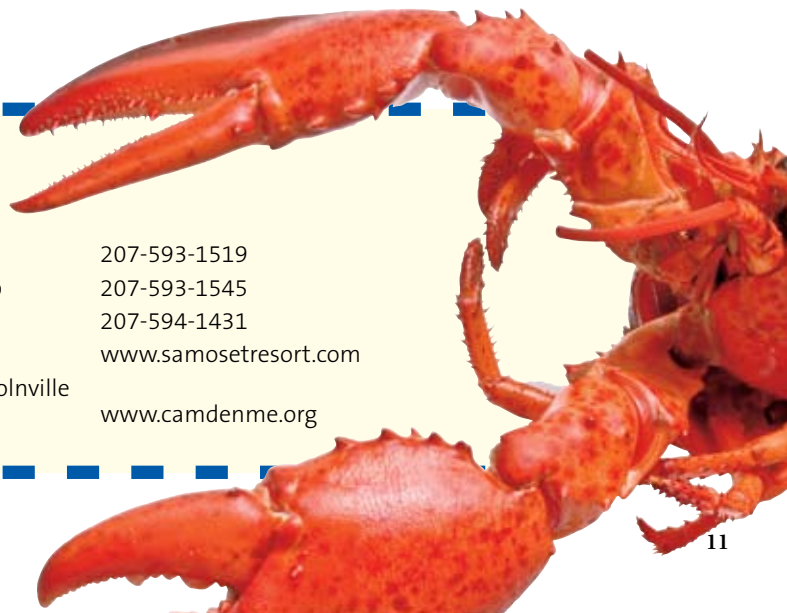


Amalfi on the Water. Located in Rockland with a view of the Bay and is open for lunch and dinner.

Phone: 207-596-0012
www.amalfionthewater.com

IMPORTANT PHONE NUMBERS/WEB SITES

Concierge (after May 1)	207-593-1519
Health Club/Kids Camp	207-593-1545
Golf Pro Shop	207-594-1431
Resort	www.samosetresort.com
Rockland-Camden-Lincolnville Information	www.camdenme.org





THE COLLEGE OFFICERS

THE COLLEGE COUNCILORS



Dr. Philip Markin
President



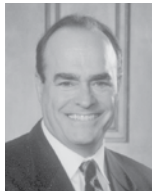
Dr. Samir Bishara



Dr. Dorothy Whalen
President-Elect



Dr. Michael Guess



Dr. John Carter
Secretary



Dr. Robert Moss, Jr.



Dr. Rodney Hyduk
Treasurer



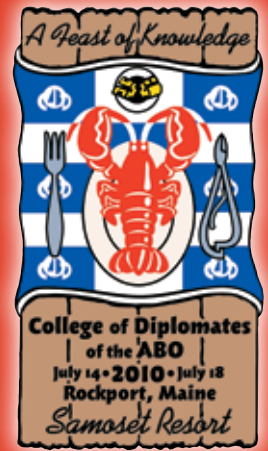
Dr. Kimsey Anderson



Dr. Tucker Haltom
Immediate
Past-President



Dr. Kenneth Hrechka



FOUNDING FATHERS

- Dr. Raymond Thurow
- Dr. Hubert Bell
- Dr. B.F. Dewel
- Dr. Joseph DeStasio
- Dr. John Rathbone
- Dr. William Stutts
- Dr. William Thompson

PAST PRESIDENTS

- 1981 Dr. Raymond C. Thurow
- 1982 Dr. Joseph G. DiStasio
- 1983 Dr. William F. Stutts
- 1984 Dr. Warren A. Kitchen
- 1985 Dr. Hubert J. Bell
- 1986 Dr. William M. Ditto
- 1987 Dr. Earle F. Cote
- 1988 Dr. Arthur C. Reed
- 1989 Dr. Larry Bramble
- 1990 Dr. John T. Ziegler
- 1991 Dr. Walter C. Buchsieb
- 1992 Dr. Samir E. Bishara
- 1993 Dr. Perry M. Opín
- 1994 Dr. O.B. Vaughan
- 1995 Dr. William A. Mitchell, Jr.
- 1996 Dr. Raymond M. Sugiyama
- 1997 Dr. John A. Cheek
- 1998 Dr. Quentin E. Lyle
- 1999 Dr. William Wallert
- 2000 Dr. W. Jerry Capps
- 2001 Dr. John S. Kanyusik
- 2002 Dr. George P. Rejebian
- 2003 Dr. Raymond George, Sr.
- 2004 Dr. Roberto Justus
- 2005 Dr. John Carter
- 2006 Dr. Robert Nemeth
- 2007 Dr. Richard Ridgley
- 2008 Dr. Thomas Skafidas
- 2009 Dr. Tucker Haltom



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