

Newsletter of the College of Diplomates of the
American Board of Orthodontics

SUMMER
2019

College Hosts Numerous Events at AAO Annual Meeting in Los Angeles, CA

The College held several events at the 2019 AAO Annual Session in Los Angeles, CA. The preparatory course for the new ABO scenario-based examination had overwhelming participation with 51 doctors in attendance and was taught by **Drs. Dan Rejman, Peter Buschang** and **Allen Moffitt** with the assistance of **Drs. Linda Rigali** and **Tim Trulove**.

The annual College Luncheon was well supported, with 155 people in attendance. The 2019 College of Diplomates Case Report of the Year Award went to **Drs. Shuang-An Lee, Chris C. H. Chang, and W. Eugene Roberts**. Numerous ABO awards were presented at that event, including the 2019 Case Report of the Year to the Dale B. Wade Award of Excellence in Orthodontics to **Eustáquio A. Araújo**, the Earl E. and Wilma S. Shepard Distinguished Service Award to **Dr. Barry S. Briss**, and the O.B. Vaughn Special Recognition Award to **Dr. H. Garland Hershey, Jr.**



College Luncheon attendees at the 2019 AAO Annual Session in Los Angeles.

see photos page 5

Texas A&M College of Dentistry Takes Both First and Second Places at Resident Case Display Program

A total of 56 Orthodontic programs participated in The Resident Case Display Program at the AAO annual Session in Los Angeles. Texas A&M College of Dentistry took first and second places, a remarkable achievement for the school.



Resident Case Display Program first place winners from Texas A&M College of Dentistry: (from left to right) **Drs. Lauren Flynn, Katya Skillestad** and **Parul Sangwan** (not present **Dr. Mary Hoffman**).

2019 WINNERS

SECOND PLACE

Texas A&M College of Dentistry

THIRD PLACE

University of Iowa

HONORABLE MENTION

Harvard School of Dentistry

Indiana University School of Dentistry

Jacksonville University

University of California, San Francisco

University of Texas at San Antonio

Tri-Service Orthodontic Residency Program

West Virginia University



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PRESIDENT'S MESSAGE

By Dr. Eric Dellinger

This has been a busy year for the College! We are in the process of changing the chair system and are looking to eliminate the Past President year, similar to what the AAO has done. It was felt that this would allow the chair system to be more approachable to younger members by reducing the time needed to serve in the College Council hierarchy. This would take place after I serve as Past President next year. This proposal will require a bylaws amendment for the membership to approve in July.

Following several successful meetings with the ABO and AAO leadership, I truly believe that the goals of the College, the ABO, and the AAO are functioning with great synchronicity and that the cooperation and good will between all 3 branches of Orthodontics have never functioned better. The ABO has adopted a dramatic change in the way future ABO certification testing will occur. This change was facilitated in large part by the College councilors through our preparation course. The course was sold out at the AAO meeting in Los Angeles and is already heavily booked for our Summer Session in Nashville. The College is also offering a Prep Course November 17 in conjunction with the SAO/SWSO Annual Session in Orlando. If you are aware of anyone wishing to take a Preparatory course please have them register on the College website as soon as possible.

My wife Katie and I look forward to hosting the College at the Gaylord Opryland Resort in Nashville, Tennessee, on July 12-15. The Gaylord has opened a new luxury swim park that provides the best high-tech swim experience with classic Gaylord opulence. Note that the daily tickets to this swim park need to be purchased in advance as it is likely to sell out! Though Nashville is the classic home to southern barbecue, don't miss the best steaks in Tennessee at the Old Hickory Steakhouse, and incredible sushi at Wasabi's Sushi. With 19 restaurants inside the hotel there is sure to be something for everyone. The President's Dinner will be at Studio A, located in the Grand Ole Opry House and will offer the opportunity for everyone to jam or sing along (bring your guitar)! The golf course at the Gaylord will offer excellent play for our tournament, and don't worry if you forgot your golf clubs because the Gaylord has rentals available.

Our Scientific Chair Dr. Kathy Kula has an excellent program that will focus on Harmony in Orthodontics. Dr. Kula, Dr. Jason Cope, Dr. Scott Frey and Dr. Straty Righellis are our featured speakers, with adjunct lectures from Councilors Dr. Ashok Kothari, Dr. Bryn Cooper, and myself, as well as member Dr. Matthew Ng. The family friendly environment, the music, and ease of travel in Nashville should make this one of our best summer Reunions ever. See you in Nashville!

Dr. Eric Dellinger
President, College of Diplomates of the American Board of Orthodontics

Reminder

Go to www.cdabo.org for info and registration on upcoming College events and ordering Step Beyond Brochures online.

College Sees Overwhelming Support of New ABO Examination Preparatory Course

Q and A with Lead Instructor, Dr. Dan Rejman



Dr. Daniel J. Rejman

Editor's note: Please show this article to colleagues who are planning on taking the new scenario-based ABO exam.

👤 **Board certification is now a scenario-based exam.**

How did you train to become a preparatory course instructor?

I have taught the College Prep Course for the case-based ABO examination since 2014. Studying intensely, listening to critiques after each session, and making positive changes to the course to be efficient and relevant are ways that I prepare for each course. Each year the course has been improved and fine tuned to maximize our time with the attendees. With the change in the examination format this year, the directors of the ABO have helped me and the College immensely in making the course very specific to the new format. Some aspects of the prior exam have been retained, and a large portion is new. This past spring in Los Angeles I presented the portions that I was very familiar with, and we invited experts (Dr. Allen Moffitt and Dr. Peter Buschang) to present portions of the course in their area of expertise. Working with and learning from these people is the best “on the job” training.

👤 **How do you prepare the candidates to deal with questions about a case they “wouldn’t treat that way”?**

In addition to presenting material that candidates will be expected to know for the examination, we also spend time discussing tips for approaching this exam in general. In other words, what do successful examination candidates do well, and what could others do to improve their approach to taking the exam? We cover many sample examination questions, discuss how to break down what is being asked, and how to use a structured thought process to give the most complete

and relevant answers. If you are being asked for a list of possible treatment modalities for a specific malocclusion, we want candidates to have the wherewithal to answer the question that is being asked. As an orthodontic specialist, we should all be familiar with different treatment methods (and the various pros and cons of using each), even if they aren’t our day to day favorites that we have become comfortable with in our practices.

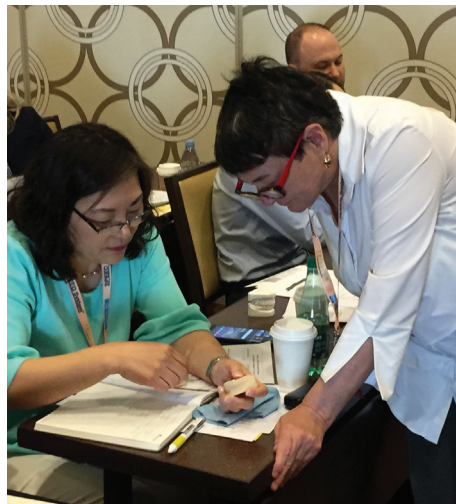
👤 **Do recent graduates fare differently on the exam than more experienced practitioners? Should they prepare differently?**

While it’s too early to know passing ratios since attendees at the newly-revised course in May have not taken the new Scenario-based Oral Clinical Exam yet, I do know that the specifics as far as passing ratios, but I do know that the current directors of the ABO have worked tirelessly to make this examination equally accessible to orthodontists in any stage of their career, regardless of their practice environment. They will perform psychometric analyses after each examination cycle to maximize reliability, validity, and objectivity. It would make sense that recent graduates may be better prepared in some areas, while long time practitioners will be more comfortable with other parts of the exam. Our goal with the preparatory course is to give both ends of the spectrum as much information as we can to cover as many bases as possible. Most candidates leave the course with a much better idea of what they need to study and practice to be prepared for the exam, and yes, this will be different for each orthodontist.

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Instructors engage in mock scenario exam.



Drs. Rigali (left) and Rejman (right) review sample records with candidates.



American Board of Orthodontics 2019 Report



The highest commitment to excellence

Clinical Examination Update

The ABO conducted Clinical Examinations in February and September in 2018 and February 2019. A total of 449 orthodontists were certified/recertified at these examinations. A complete listing by examination and constituency can be found on the ABO website.

The first Scenario-based Oral Clinical Examination was successfully administered in February 2019 with a 68% pass rate. Traditional Clinical Examinations were also offered by petition only in February 2019. June 2019 will mark the final time case-based examinations will occur. The next Scenario-based Oral Clinical Examination is scheduled for November 2019. The examination is full with a wait-list.

Response to the new examination has been overwhelmingly positive. Overall, examinees shared that they were pleased at how well organized and professionally handled the examination details were administered. Feedback received included:

"Overall, I appreciate the ABO's commitment to strive for excellence and improvement and would recommend any orthodontist take the new exam. I truly feel I have become a better orthodontist because of it."

"You walk out of the exam feeling humbled and grateful for the time you guys spent investing in us and our profession."

"Overall, the experience was humbling, inspiring and educational!"

Registration for the 2020 exams opened on May 22, 2019. An additional examination has been added due to anticipated demand. Examinations will now be offered February, July and November 2020.

Study materials and online resources are available to assist in preparing for the Scenario-based Oral Clinical Examination including a Study Guide and Sample Cases (with questions and answers). Orthodontic programs interested in hosting case-based mock board exams are welcome to contact ABO examiners to request a school visit. ABO advocates are available to visit orthodontic programs if requested. Prep Courses to assist in preparing for the examination will be offered at various times throughout the year in collaboration with the College.

Once board certification is achieved, Certification Renewal is required every 10 years to remain in an Active status and may be taken no earlier than two years prior to the expiration date on your certificate. There are two options to re-certify (travel to St. Louis is NOT required):

Complete two online Board Case Exams as provided by the Board AND submit CE credits from online AJO-DO exams; or

Submit one case treated by the examinee (see website for criteria) and submit CE credits from online AJO-DO examinations.

Please visit the ABO website for additional details on the any of the above.

Written Examination Update

The 2019 American Board of Orthodontics Written Examination was administered one day only on April 10, 2019 to 422 examinees at Pearson Vue Testing Centers throughout the United States and Canada. The reliability of the examination was 90% with a 96% pass rate. The next Written Examination will be offered on April 7, 2020. Eligible individuals may register for this exam beginning this fall. As a reminder once the Written Examination is successfully completed, it never expires.

ABO Directors



The ABO Directors for the 2019-2020 year are as follows:

- ✦ Dr. Nicholas Barone, President, representing the Northeastern Society of Orthodontists
- ✦ Dr. Valmy Kulbersh, President-Elect, representing the Great Lakes Association of Orthodontists
- ✦ Dr. David Sabott, Secretary-Treasurer, representing the Rocky Mountain Society of Orthodontists
- ✦ Dr. Patrick Foley, Director, representing the Midwestern Society of Orthodontists
- ✦ Dr. Timothy Trulove, Director, representing the Southern Association of Orthodontists
- ✦ Dr. Jae Hyun Park, Director, representing the Pacific Coast Society of Orthodontists
- ✦ Dr. Roberto Hernandez-Orsini, Director, representing the Middle Atlantic Society of Orthodontists
- ✦ Dr. Larry Tadlock, Immediate Past-President, representing the Southwestern Society of Orthodontists
- ✦ The AAO House of Delegates confirmed Dr. Stephen McCullough as the new ABO Director representing the Southwestern Society of Orthodontists.



THE COLLEGE AND ABO AWARDS

During the AAO Annual Session in Los Angeles, the College and the ABO presented awards to the following recipients:



College of Diplomates 2019 Case Report of the Year Award

Drs. Chris C. H. Chang and W. Eugene Roberts receive the 2019 Case Report of the Year Award from Dr. Rolf Behrents. Dr. Shunag-An Lee was not in attendance.



Dale B. Wade Award of Excellence in Orthodontics

Dr. Eustáquio A. Araújo receives the Dale B. Wade Award of Excellence in Orthodontics from Dr. Patrick Foley.



Earl E. and Wilma S. Shepard Distinguished Service Award

Dr. Barry S. Briss receives the Earl E. and Wilma S. Shepard Distinguished Service Award from Drs. Nicholas Barone and Larry Tadlock.



O.B. Vaughn Special Recognition Award

Dr. H. Garland Hershey, Jr. receives the O.B. Vaughn Special Recognition Award from Drs. Tim Trulove and Larry Tadlock.



Albert H. Ketcham Memorial Award

Dr. Michael L. Riolo receives the Albert H. Ketcham Memorial Award from Dr. Larry Tadlock.

Congratulations to these honorees!

👤 **How important is the prep course to passing the Board exam?**

I think the best way to answer this is to recall a saying I hear over and over from orthodontists that have become board certified. "Becoming board certified does not make me a better orthodontist than the orthodontist down the street, but the process of preparing for and taking the examination has personally made me a better orthodontist than I was before." In the same way, attending this preparatory course is designed to make you much more prepared and informed than before you took the course. And by prepared, I mean that you will have a better grasp of what to study for after you return home. This course is not a short cut that is meant to replace putting in your time to prepare. This new examination is meant to be difficult, as any specialty board examination should be. I hope that after this course you will look at your cases differently, that you will stop and think productively during your busy day, and spend the time to practice analyzing pre-treatment and post-treatment records. The ABO wants you to ask yourself, "What actually happened during treatment?", "Was what happened due to growth, or from treatment?", or "Were there treatment objectives that were not met during treatment?" Asking questions similar to these, and knowing how to answer them, are in large part what separates us as orthodontic specialists.

👤 **What is the most important thing a candidate should do prior to taking the Board exam?**

Spend the time to be prepared. We will also be doing our part. As always, this course will be modified for the better after the most recent course this past May. I will ask the attendees to review online ABO videos, and read several specific articles that will help our time to be utilized to the fullest. In response to the new exam format, we increased the prep course from four hours to eight. My fear was that we would have time to spare, but as usual, the opposite was true, and we found we ran short of time for the amount of material and hands on exercises that we had prepared. Our goal for the next course is to jump right in more quickly, with the expectation that the attendees will have reviewed what was recommended prior to the course. We will be very specific with what to review, what to bring, what will be provided, and what will be covered that day. Here is a list of some of the topics that will be covered in the upcoming courses: An introduction to the examination format, a description of what to expect on your examination day, a review and discussion of example cases covering the four examination domains, cast radiograph evaluation, using the ABO measuring gauge on provided models, a Q&A session with an ABO leader, a review of cephalometric landmarks, interpretation of cephalometric superimpositions, and determining if observed changes were from growth or treatment. I hope that you will leave with a much better idea of how to organize your preparation, what your strengths and weaknesses are, and excitement about the process of becoming board certified by the ABO.

The College Welcomes the Following New Members

Dr. Alia Addas	Jeddah, Saudi Arabia
Dr. Abdulaziz Saeed Alamri	Montreal, QC
Dr. Douglas Bennion	Billings, MT
Dr. Michelle Burlingame	Ballston Spa, NY
Dr. Matthew Campbell	Lititz, PA
Dr. Alessandra Chacon Pabon	Laredo, TX
Dr. Cayce Cloud	Hendersonville, TN
Dr. Marinho Del Santo	Sao Paulo, SP
Dr. Lauren Ehardt Neral	Cleveland, OH
Dr. Sarah George	Monroe, LA
Dr. Heather Hendricks	Kansas City, MO
Dr. Wade HILLAM	Idaho Falls, ID
Dr. Mary Hoffman	Boise, ID
Dr. Peter Jackson	Port Matilda, PA
Dr. Carolyn Kopczka	New York, NY
Dr. Natalie La Rochelle	Sacramento, CA
Dr. Jamie Lazin	Indianapolis, IN
Dr. Danielle London	Edmond, OK

Dr. Xuanyu Lu	Los Angeles, CA
Dr. Dalia Meisha	New Orleans, LA
Dr. Satyaprasad Nayak	Honolulu, HI
Dr. Tan Nguyen	Danvers, MA
Dr. Andrew Pedersen	New Freedom, PA
Dr. Xu Qian	Newton Center, MA
Dr. Hessam Rahimi	Dallas, TX
Dr. Ryan Reyes	Laredo, TX
Dr. Eliana Sarit	Jersey City, NJ
Dr. Paul Sauget	Tamuning, GU
Dr. Emily Schadt	New York, NY
Dr. Blair Sittmann	Cedar Knolls, NJ
Dr. Nada Souccar	Birmingham, AL
Dr. Jacob Sword	Pikeville, KY
Dr. Jesse Teng	El Paso, TX
Dr. Natalia Tomona	Germantown, MD
Dr. Lisa Wilborn	Gadsden, AL
Dr. Olivia Yue	Union City, CA



2019 Summer Meeting 🍷 Nashville, Tennessee

By Eric Dellinger

The College is looking forward to **Facial Harmony** in Nashville, the home of country music, for the summer 2019 meeting, July 12-16. The venue will be the Gaylord Hotel next to the Grand Ole Opry, which contains multiple domed sections with waterfalls and gardens to enjoy. The Old Hickory Steakhouse serves award winning steaks in an old southern style home, and many other dining and shopping experiences are also available under the Gaylord roof. Numerous barbecue and music halls can be found in downtown Nashville, as well as many micro-breweries. Attractions include the Country Music Hall of Fame, the Johnny Cash Museum, the home of President Andrew Jackson, and boutique distillery tours.



The College looks forward to seeing all our friends in the heart of Dixie!



Joe Hendrickson / Shutterstock.com

We will enjoy lectures by **Dr. Katherine Kula**, **Dr. Jason Cope**, **Dr. Straty Righellis**, and **Dr. Scott Frey**. Their presentations will focus on radiology, TADs, accelerated orthodontic tooth movement, and facial contouring.

Go to www.cdabo.org for additional information.



2020 MEETING

Coeur d'Alene, Idaho

By Bruce Goldstein

Getting to the Heart of the Matter (Point-Counterpoint) will be the central theme for the annual session in Coeur d'Alene, Idaho, July 10-13, 2020. Our Scientific Chair, Dr. Lee Graber, has planned one of the most unique programs seen at any meeting. The program inspects a different topic each day for the experts to go head-to-head in a format involving interaction from participants. Dr. Dwight Damon and Dr. Jay Bowman will discuss opposing views on *Arch Expansion*, *Growing Bone and Treatment Choices*, moderated by Dr. Brent Larson on Day 1. Day 2 Dr. Lou Chmura and Dr. Steve Marshall debate *All about Airway*, moderated by Dr. Valmy Kulbersh. Sharpen your skills with advanced techniques in *Clear Aligner Therapy*, featuring Dr. Sandra Tai, moderated by Dr. Lee Graber on Day 3. All the doctors that attend this meeting will have the opportunity to participate by asking questions of the experts. This format will be inspirational and should make for some very stimulating discussions.

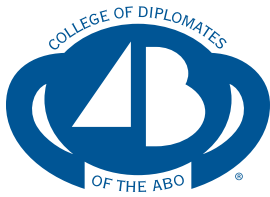
We have chosen a great venue that appeals to everyone. The resort at Coeur d'Alene is situated on a lake where there



July 10-13, 2020
Coeur d'Alene, Idaho

are various water activities, hiking trails, and biking trails. For golfers, the world famous "Floating Green" is the signature hole for the course. To relax you can take a stroll into town, chill on the beach or enjoy the world class spa. There are activities for all ages at this *Condé Nast* award winning resort. The resort is easy to get to as it is 30 miles from the Spokane Airport. A trip to Glacier National Park, only a couple of hundred miles, can be used to supplement your family vacation.

This meeting will provide an enriching professional experience along with an exceptional family vacation (priceless). The College looks forward to seeing all of you in July 2020!



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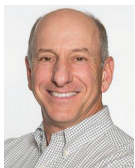
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