

HARMONY IN ORTHODONTICS

JULY 12-15, 2019 - GAYLORD OPRYLAND - NASHVILLE



COLLEGE OF
DIPLOMATES
OF THE AMERICAN
BOARD OF
ORTHODONTICS

41ST ANNUAL
REUNION



HARMONY IN ORTHODONTICS



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2019 SCHEDULE

THURSDAY JULY 11

3:00 p.m. – 5:00 p.m. College Council – ABO Board Joint Meeting

FRIDAY JULY 12

10:00 a.m. – 5:30 p.m. Registration & Exhibits Open
At leisure *Optional tickets to SoundWaves*
7:30 a.m. – 1:30 p.m. Council Meeting
9:00 a.m. – 12:30 p.m. *Kitchen Culinary Belle Meade Tour*
2:00 p.m. – 4:15 p.m. *Chocolate Class at the Goo Goo Shop Tour*
2:00 p.m. – 5:00 p.m. **Lectures, Q&A: Dr. Katherine Kula & Dr. Eric Dellinger**
6:00 p.m. – 8:00 p.m. **Welcome Reception**
8:15 p.m. **Group Photo**

SATURDAY JULY 13

7:00 a.m. – Noon Registration & Exhibits Open
At leisure *Optional tickets to SoundWaves*
6:30 a.m. – 7:00 a.m. **Gaylord Guided Walking Tour**
7:00 a.m. – 9:00 a.m. **Family Breakfast**
8:00 a.m. – Noon **Lectures, Q&A: Dr. Jason Cope & Dr. Matthew Ng**
9:00 a.m. – 9:30 a.m. **Gaylord Guided Walking Tour**
10:00 a.m. – 11:00 a.m. *Guest: Country Line Dance Exercise Class*
12:15 p.m. – 1:00 p.m. Resident's/Leader Reception
1:00 p.m. – 5:00 p.m. **Prep Course Part 1**
1:30 p.m. – 4:30 p.m. *Musical Journey Tour*
1:30 p.m. – 4:30 p.m. *Nashville's Sites and Spirits Tour*
7:00 p.m. *Optional Tickets to Grand Ole Opry*

SUNDAY JULY 14

7:00 a.m. – Noon Registration & Exhibits Open
At leisure *Optional tickets to SoundWaves*
7:00 a.m. – 9:00 a.m. **Family Breakfast**
8:00 a.m. – Noon **Lectures, Q&A: Dr. Scott Frey & Dr. Bryn Cooper**
8:30 a.m. – 9:30 a.m. **Guest Discussion: Practice Management**
10:00 a.m. – 11:00 a.m. *Guest: Country Zumba Exercise Class*
1:00 p.m. – 5:00 p.m. **Prep Course Part 2**
1:00 p.m. *Golf Tournament (shotgun start time)*
1:30 p.m. – 4:00 p.m. *The Hermitage Tour*
6:30 p.m. – 9:30 p.m. **President's Dinner**

MONDAY JULY 15

7:00 a.m. – Noon Registration & Exhibits Open
At leisure *Optional tickets to SoundWaves*
7:00 a.m. – 8:00 a.m. CDABOF Meeting
7:00 a.m. – 9:00 a.m. **Family Breakfast**
8:00 a.m. – 9:45 a.m. **Guest Discussion: Book Club**
8:00 a.m. – Noon **Lectures, Q&A: Dr. Straty Righellis & Dr. Ashok Kothari**
10:45 a.m. – 11:15 a.m. **College Business Meeting**

Bold are included in registration fee
Italic are optional ticketed events available on a first-come basis
Events and times are subject to change

Bring the family for a Friday – Monday get-away to Nashville while learning the most advanced orthodontic techniques where the top orthodontists connect one-on-one!

The meeting provides the most advanced orthodontic techniques on injectables, 3D scanning, TADs, accelerated tooth movements and airway management. In

**NEW
WEEKEND
MEETING
FORMAT!**

addition to the scientific program, experience excellent food, music, tours, family activities and the SoundWaves water park for a memorable mid-summer long weekend get-away!

A special thanks to the 2019 Annual Reunion Planning Committee that has helped my wife Katie and I organize this event:

General Chair	Dr. Dan Rejman
Scientific Chair	Dr. Katherine Kula
Social/Children's Chair	Dr. Linda Rigali
Golf Chair	Mr. Jim Clayton

Start practicing now to bring your instruments to jam with me on stage at the President's Dinner. Our family looks forward to making music and memories together with your family in Music City at the 41st Annual Reunion!

Peace. Love and Harmony



Dr. Eric Dellinger
President, College of Diplomates
of the American Board of Orthodontics

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STRIKE A CHORD

**WITH THIS TOP
NOTED LINEUP**

FRIDAY, JULY 12

Note: dress for lectures is resort business casual

2:00 p.m. – 3:45 p.m.



Dr. Katherine Kula*

Dr. Kula taught and practiced for more than 40 years before retiring as the Jarabak Endowed Professor and Chairperson of the Department of Orthodontics and Oral Facial Genetics at the Indiana University School of Dentistry. Recently, she co-edited the book "Cephalometry in Orthodontics; 2D and 3D."

Radiology Update for the Clinical Orthodontist

Similar to the initial use of cephalometry in orthodontics, the evolution from two dimensional (2D) to three dimensional (3D) cephalometry is occurring faster in research than in clinical practice. This talk will present information acquired using 3D radiology about diagnosis, the effect of various orthodontic procedures on dental and boney structures, and its current use in forensics. In addition, it will present various issues involved with 2D and 3D cephalometry. Recommendations will be made that should help clinicians make decisions about using 2D vs. 3D radiology and about purchasing the 3D CBCT machine best suited for their office. By the end of this talk, the clinician should be able to list:

- Conditions in which 3D cephalometrics can help with diagnosis and treatment.
- The effects of various orthodontic procedures such as rapid maxillary expansion on the dental and boney structures of the maxilla and differences between various expansion protocol.
- Images that could help identify skull remains.
- Issues involved with 2D and 3D cephalometry.
- Points to consider when purchasing a 3D CBCT machine for the office.

4:00 p.m. – 4:45 p.m.



Dr. Eric Dellinger

Dr. Dellinger is a second-generation orthodontist whose father was one of the charter members of the College of Diplomates. He graduated from St. Louis University with a M.S.D. in orthodontics in 1992 and has been in private practice in Angola, Indiana since that time. He has taught for over 20 years at Indiana University School of Dentistry in Fort Wayne and is currently serving as president of the College.

Sleep Apnea, a Case Review with Three Different Treatment Modalities

This is a case report of a 50-year-old Caucasian male patient with self-reported sleep issues. Sleep apnea was diagnosed by his physician following a sleep study and several modes of treatment were attempted. Oral-Nasal soft and hard tissue surgery was initially attempted, followed by an oral appliance, and finally an orthognathic surgical correction was done to successfully treat this patient. Review of treatments and suggestions regarding treatments of future patients will be reviewed. Attendees will be given ideas to assist treatment planning for sleep apnea patients as well as some areas to consider that will hopefully prevent difficulties in treating these patients.

- Understand potential sleep apnea solutions.
- Know what professional services may be required for sleep apnea treatment.
- Understand consequences desired and undesired relative to varying treatments.

4:45 p.m. – 5:00 p.m. Q&A

*Indicates financial and/or beneficial interest

SATURDAY, JULY 13

8:00 a.m. – 10:45 a.m.



Dr. Jason Cope*

Dr. Cope has been honored to be named the College's Ray Thurow Honorary Lecturer for this meeting. He received his DDS, Orthodontic Certificate, and PhD from Baylor College of Dentistry. He currently teaches in the Orthodontic Departments at Baylor and St. Louis University. He has published 32 journal articles, 36 book chapters, and two orthodontic textbooks. In addition, he has given over 320 presentations around the world. Dr. Cope's private practice is located in Dallas, Texas where he treats patients three days a week.

Using TADs to Restore DentoFacial Balance

Dr. Cope uses his unique PhD background in bone biology in combination with basic biomechanical principles to explain the fundamentals of orthodontic miniscrew implant placement, loading, and use in a way that few other speakers can, and with success rates over 95%. This presentation will focus on the movement of teeth in the anteroposterior dimension using miniscrew implants. Both Class II and Class III mechanics will be discussed. Several of Dr. Cope's Class III treatment protocols will be shown and discussed for a historical perspective before focusing on the current protocol, which accomplishes fairly dramatic results using miniscrews in lieu of miniplates.

- Understand the biomechanical implications of MSI orientation and placement.
- Appreciate the clinical applications of MSI placement and use for Class III cases.
- Understand treatment planning stages for MSI placement in anteroposterior cases.

11:00 a.m. – 11:45 a.m.



Dr. Matthew Ng

Dr. Ng completed his undergraduate and dental education at the University of Manitoba in Winnipeg, Canada and graduated from St. Louis University with a M.S.D. in orthodontics. Dr. Ng is a Diplomate of the American Board of Orthodontics and Fellow of the Royal College of Dentists in Canada. He maintains his private practice in Cypress and Katy, Texas.

Achieving Harmony in the Treatment of Asymmetric Malocclusions

Asymmetric malocclusions are some of the most difficult cases to treat for the orthodontic specialist. The pre-treatment dental midlines play a large part in the diagnosis and treatment planning for cases exhibiting asymmetry. Dr. Ng will present clinical cases using asymmetric extractions and/or asymmetric mechanics to more easily achieve successful outcomes in dental midline correction and better harmony with the facial midline.

- Identifying the maxillary and mandibular dental midlines in asymmetric malocclusion.
- Set treatment goals and proper informed consent with the orthodontic patient in cases exhibiting asymmetric malocclusion.
- Using asymmetric extractions and/or asymmetric mechanics to more easily achieve a successful treatment outcome.

11:45 a.m. – Noon Q&A

1:00 p.m. – 5:00 p.m. Prep Course Part 1

Included in registration – no advance sign-up. Dr. Dan Rejman will lead this expanded course over two afternoons to assist attendees in preparing for the ABO Scenario-based Oral Clinical Examination to achieve board certification.

ADA CERP® | Continuing Education Recognition Program

The College of Diplomates of the American Board of Orthodontics (the College) is an ADA CERP Recognized Provider. ADA CERP is a service of the American Dental Association to assist dental professionals in identifying quality providers of continuing dental education. ADA CERP does not approve or endorse individual courses or instructors, nor does it imply acceptance of credit hours by board of dentistry. The College designates this activity for up to 13.75 for scientific lectures and 8 for Prep Course for a total of up to **21.75 continuing education credits**.

SUNDAY, JULY 14

8:00 a.m. – 10:45 a.m.



Dr. Scott Frey

Dr. Scott Frey is a graduate of the University of the Pacific Arthur A. Dugoni School of Dentistry and earned his post-doctoral master's degree and certificate in orthodontics from the University of Colorado. He is Board Certified, practicing in Chesapeake, Virginia. He has earned fellowships from the World Congress of Minimally Invasive Dentistry and the American Academy of Facial Esthetics. Dr. Frey has held a faculty position at the University of the Pacific teaching dental esthetics and occlusion and has developed the Soft Tissue Orthodontics Curriculum for Henry Schein.

The Evolution of Soft Tissue Orthodontics

Revolutionize your understanding of soft tissue driven treatment and diagnosis through Esthetic Contour Analysis™. Learn how orthodontists can take command of the soft tissues factors and deliver exceptional treatment outcomes with Soft Tissue Finishing™ techniques using injectables.

- Target ideal facial contours using the esthetic contour analysis.™
- Understanding the physiology and properties of botox and soft tissue fillers.
- See soft tissue finishing™ techniques in practice.

11:00 a.m. – 11:45 a.m.



Dr. Bryn Cooper

Dr. Bryn Vaughan Cooper, DDS, MA, MS owns and operates her private practice, Cooper Orthodontics, in Houston, Texas. She attended the University of Texas Health Science Center San Antonio Dental School for her dental degree before completing residency at Saint Louis University. She has completed the ABO examination and serves as Councilor at Large and chair of the New and Younger Members Committee for the College.

Now What? Perspectives of a "Young" Orthodontist

Dr. Cooper will review the current career options available to recent orthodontic graduates and how the orthodontic profession can improve supporting them. Many newly graduated orthodontists manage ever-rising student loan debt obligations due to increased tuition rates. Despite these tuition hikes, many programs cannot afford to attract full-time teachers. Over 300 orthodontists who will graduate from residency programs in the U.S. this year will have to answer the question Now What?

- Present the options available to those coming out of residency.
- Review the terms of each option.
- Examine why graduates might choose certain options.
- Outline what has not changed in our profession and how other professions are changing.
- Discuss what the future may hold.

11:45 a.m. – Noon Q&A

1:00 p.m. – 5:00 p.m. Prep Course Part 2

Continuation of Saturday's Part 1 afternoon course.

*Indicates financial and/or beneficial interest

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MONDAY, JULY 15

8:00 a.m. – 10:45 a.m.



Dr. Straty Righellis

Dr. Straty Righellis, a Diplomate of the American Board of Orthodontics, is an Associate Clinical Professor at the University of the Pacific, and University of California at San Francisco, Schools of Dentistry. He graduated from UCLA Dental School and received his orthodontic specialty certification from University of California at San Francisco. In addition, he maintains an active private practice in Oakland, California.

Treatment Times, Efficiency and Excellence – What Really Works for Patients?

This presentation will discuss the three keys to treatment efficiency and excellence. A series of four cohort studies over the last 20 years will demonstrate the changes Dr. Righellis has made in his treatment protocols and their effects on treatment time, efficiency and outcomes. His use of low pulsatile forces to enhance the rate of tooth movement will be discussed. Having used this approach (AcceleDent) for seven years, initially on selected adults and now exclusively as part of his treatment regime, he will share his cases, experiences and changes in office protocols. He will also share scientific evidence both for and against its effectiveness while, at the same time, balance this information with his experience in his active clinical practice.

- Elements of optimal treatment outcomes.
- Three keys to treatment excellence.
- New technologies that may enhance efficiency and reduce treatment times with case reports using low pulsatile forces.
- Management and integration of new technologies into a busy office setting.
- What's next or have we gone too far?

10:45 a.m. – 11:15 a.m. College Business Meeting

11:15 a.m. – 11:45 a.m.



Dr. Ashok Kothari

Dr. Ashok Kothari is an educator and a clinician who has lectured nationally and internationally on various orthodontic topics. Dr. Kothari completed his dental and orthodontic training from Bombay University, India in 1975 and 1978 respectively. He obtained a Certificate in Oral Biology after completing his post-graduate Orthodontic residency from Loyola University Chicago in 1983.

Orthodontist's Role in Seeking Interdisciplinary Excellence

Presentation objectives include:

- Concept of planning and treating as a team.
- Timing and sequencing of treatment.
- Implementation of adjunctive orthodontic treatment for prosthetic benefits.
- Orthognathic team management of patients with skeletal discrepancies.

11:45 a.m. – Noon Q&A

**JOIN US IN RECOGNIZING THESE 2019
DR. SAMIR BISHARA AWARD OF MERIT
WINNERS RECOGNIZED AT THIS MEETING:
LEFT: DR. PAUL MILLER
RIGHT: DR. HOWARD FINE**



ADD A LONG WEEKEND OF NASHVILLE FUN FOR PERFECT HARMONY!

In addition to offering the top continuing education, the College's Annual Reunions are designed to create lasting family memories and lifelong friendships. Plan your schedule early for ticketed-events.



SoundWaves Water Experience

Friday – Monday

\$45 pp optional per day pp ticket – Purchase with College registration by April 1

Plan ahead to purchase tickets in advance for the new SoundWaves Upscale Water Experience at the Gaylord Opryland Resort featuring four acres of combined indoor and outdoor water attractions fusing music and water with thrill rides and relaxing indulgences. Since availability is already limited on meeting dates, the College has secured a limited number of daily tickets from July 12-15 for purchase by April 1 through the College registration link. To purchase tickets on a different day, you may call the hotel at 615-889-1000 to check availability. If tickets become available, the hotel will sell them onsite at their Magnolia Lobby desk. Space limited to first-come.



Kitchen Culinary Tour at Belle Meade Plantation

Friday, 9:00 a.m. – 12:30 p.m.

\$154 pp register by May 31 directly with PRA

Go to PRA's registration link for details on touring one of the South's greatest mansion, spending time in the original kitchen where you will participate and sample southern classics. Stop at their winery to sample private wines.

Chocolate Class at the Goo Goo Shop

Friday, 2:00 p.m. – 4:15 p.m.

\$213 pp register by May 31 directly with PRA

Go to PRA's registration site for details on a "Make Your Own Goo Goo" experience and tour of the downtown Nashville Goo Goo Shop.

Welcome Reception

Friday, 6:00 p.m. – 8:00 p.m.

Group Photo 8:15 p.m.

Included in registration – no advance sign-up

Kick-off the reunion greeting old friends and making new at the hotel's Water's Edge while experiencing the choreographed Delta Fountain Show on the hour. Buffet dinner included, bring cash for the bar. Be sure to stick around for the traditional attendee group photo at 8:15 p.m. following the fountain show in the reception area. Dress: resort casual

Family Breakfasts

Saturday – Monday, 7:00 a.m. – 9:00 a.m.

Included in registration – no advance sign-up

A traditional highlight of the meeting is gathering with family members over a hearty buffet breakfast to plan the day's activities, held each day at Water's Edge.

Gaylord Guided Walking Tour

Saturday, 6:30 a.m. or 9:00 a.m.

Included in registration – no advance sign-up

Discover the resort's nine acres of lush indoor gardens, cascading waterfalls, restaurants and shops while getting exercise and meeting new friends. The hotel staff will start the private half-hour guided walking tour from the College's breakfast location in Waters Edge.

Country Line Dance Exercise Class

Saturday, 10:00 a.m. – 11:00 a.m.

\$25 pp register in advance with the College

Bring the family to learn the latest in country line dances. Space limited to first-come.

Musical Journey through Nashville

Saturday, 1:30 p.m. – 4:30 p.m.

\$107 pp register by May 31 directly with PRA

Go to PRA's registration site for details on an afternoon at the Ryman Auditorium and Country Music Hall of Fame and Museum.

Nashville's Sites and Spirits

Saturday, 1:30 p.m. - 4:30 p.m.

\$137 pp register by May 31 directly with PRA

Go to PRA's registration site for details on a tour of some of Nashville's must-see street murals, well-known neighborhoods and a stop at Nelson's Greenbrier Distillery for a taste of Nashville's local Bourbon.

Meeting Package Registration

By 5/31

6/1–Onsite

College Member	\$1,200	\$1,300
Retired College Member	\$1,100	\$1,200
Faculty College Member	\$ 600	\$ 650
Resident	\$ 290	\$ 340
Non-Member Diplomat	\$1,350	\$1,450
Other: Non-Diplomat	\$1,800	\$1,900
Spouse/Primary Guest (with CE)	\$ 800	\$ 850
Spouse/Primary Guest (no CE)	\$ 500	\$ 550
Family/Guest Over 18	\$ 500	\$ 550
Family/Guest Age 13-18	\$ 300	\$ 325
Family/Guest Age 6-12	\$ 125	\$ 150
Family/Guest Age 5 and under	No charge	No charge

Additional ticketed events available with registration at prices noted.

Register with the College: www.bit.ly/collegeregistration

Register with PRA for tours: www.bit.ly/collegepra

Registration with the College Includes Per Person:

- Lectures and Coffee Breaks
- Prep Course
- Three Family Buffet Breakfasts
- Friday Welcome Reception
- Sunday President's Dinner and Transportation
- Saturday Private Hotel Guided Walking Tour
- Sunday Practice Management Discussion w Kids Activity
- Monday Book Club w Kids Activity



Tickets to the Grand Ole Opry Show

Saturday, 7:00 p.m.

Purchase directly from the Grand Ole Opry. A "must" for the family while in Nashville is attending the country's most famous stage at the Grand Ole Opry, just a short walk from the Gaylord Opryland Resort. Saturday, July 13 is an open night in the schedule to be a good time to buy discounted tickets for some types of seating by using the code CORP89. Go to the website: www.Opry.com/calendar. Click on date, enter July 13, 2019, click Find, click on buy tickets, find the date to attend, click buy ticket, click on the discount code to the far right under pricing, type in the code CORP89 and click apply (Discounted sections will show a star or you may choose a different seat at regular price. The discount applies to any night's performance.) Walking or transportation on own. Dress: jeans and boots of course!

Practice Management Discussion Group

Sunday, 8:30 a.m. – 9:30 a.m.

Included in registration – no advance sign-up

Attending spouses and guests who assist with the practices' management are encouraged to join the discussion led by Julie Rejman where the family breakfast is held in the Water's Edge. Craft activities will be provided for the children at a nearby table during this time.

Country Zumba Exercise Class

Sunday, 10:00 a.m. – 11:00 a.m.

\$25 pp register in advance with the College

Get your Zumba exercise Nashville style with a country flare. Space limited to first-come.



Golf Tournament at Gaylord Springs Golf Links

Sunday, Arrive at Course by 12:30 p.m. for 1:00 p.m. Shotgun Start

\$100 pp register in advance with the College

Gaylord Springs Golf Links has consistently been recognized among *GolfWeek's* best courses in Tennessee. Carved from the banks of the meandering Cumberland River, the Scottish links-style, par-72 layout offering 18 holes is bordered by limestone bluffs and wetlands. The course is nearby to drive or arrange on your own to take the free shuttle from the Gaylord Resort. Arrive by 12:30 p.m. to enjoy a box lunch (included in fee) at the Gaylord Springs before the tournament's shotgun start at 1:00 p.m. Contact the course at least 72 hours in advance at 615-458-1730 if needed to rent clubs at your own expense. Tournament fee includes box lunch, green fees, shared golf cart and tournament prizes. Dress: Golf attire required, shorts only of Bermuda length; no denim or t-shirts.



On Presidential Ground: The Hermitage

Sunday, 1:30 p.m. – 4:00 p.m.

\$56 pp register by May 31 directly with PRA

Go to PRA's registration site for details on this family-oriented tour to visit The Hermitage, former home of President Andrew Jackson that is a National Historic Landmark standing on 650 acres.



President's Dinner

Studio A, Located at the Grand Ole Opry House

Sunday, 6:30 p.m. – 9:30 p.m.

Bus shuttles start departing 6:00 p.m.

Included in registration – please note on registration if NOT able to attend

Grab your guitar and join in the fun at the President's Dinner at Studio A, located at the Grand Ole Opry House. This "Studio 54" theme night will include presenting the annual awards and allowing attendees to jam on stage with the band. Built as the Grand Ole Opry's in-house television studio and home to HEE HAW, reunion attendees will experience a taste of Nashville at this state-of-the-art studio that continues to host television shows. Dinner, group transportation and kids' activities included, bring cash for the bar (no ATMs inside Studio A). Bring your own instrument. Dress: 70's/Studio 54

Book Club

Monday, 8:00 a.m. – 9:45 a.m.

Included in registration – no advance sign-up

Attending family members are encouraged to join this annual book club discussion where the family breakfast is held in the Water's Edge. Craft activities will be provided for the children at a nearby table during this time. Read the book *Country Music Broke My Brain* by Gerry House and come prepared to laugh and discuss with leaders Marianne Moss and Jeannie Davis.



Gaylord Opryland Resort & Spa. Go to www.cdabo.org for the hotel room reservation link to reserve early for the \$219 single/double (including resort fee, plus applicable taxes)

per room per night as available by **June 18**. Refer to information on back of brochure for details or call 615-889-1000. Resort fee included in room rate includes high-speed wireless internet, unlimited local and long distance calls, daily shuttle to Grand Ole Opry House Opry Mills, General Jackson and The Inn at Opryland, two bottled water daily, daily credit of up to \$10 dry cleaning, Gaylord Springs Golf Links practice range access, daily bucket of balls and shuttle, Wildhorse Saloon cover charge for up to four guests (some restrictions apply), Opry Mills Savings Passport and resort savings card with discounts to other area attractions.

Make these optional arrangements with the hotel:

Travel/Hotel Shuttle. If flying into the Nashville International Airport (BNA), you may schedule airport shuttle service in advance for \$35 (subject to change) roundtrip purchased on their website or contact the hotel for details at 615-889-1000. If you are driving, there is a discount for self-parking versus valet at the hotel.

Scooter Rental – If you prefer to motor around the handicap accessible Gaylord Opryland Resort in a scooter, reserve in advance by calling 615-458-2615.

Spa Appointments. Make appointments in advance at the resort's Relache Spa for massages, body treatments, facials, manicures, pedicures, salon services and more by calling 615-458-1772. Mention you are with the College and receive 10% discount on published spa menu (excluding products and packages.)

Fitness and Complimentary Pools. Hotel guests have access with their hotel room resort fee to the fitness center and two outdoor and one indoor pool.

Delta Riverboat Tour. Purchase tickets at the resort to take the family on the 15-minute cruise on the quarter-mile-long river winding through the resort's Delta Atrium.

Restaurant Reservations. While the resort has a number of restaurants that do not require advance reservations, be sure to make a reservation in advance to dine at the famed Old Hickory Steakhouse by calling the hotel at 615-889-1000.

Concierge Services. For assistance with local arrangements, email kyancey@gaylordhotels.com or jstephens@gaylordhotels.com, call 615-883-1000 or research these top recommendations to do on your own:

Bike the Greenway – Rent bikes to experience the 20 miles of paved, non-motorized bike trail on Nashville's greenway system located near the resort.

Segway, walking, trolley, carriage ride, pedal tavern and biking tours – So many options to experience the downtown highlights, ask about the Redneck Comedy bus tour.

General Jackson Showboat – Take the 300 ft paddle wheel showboat that departs near the hotel for a cruise on the Cumberland River with dining and entertainment. Ask the hotel about shuttle.

River Queen Voyages – Explore Nashville via the Cumberland River by kayak.

Juro Stables – Experience a nature-esque horse-back ride, located in Mt. Juliet.

Fontanel – Take the Adventureworks zipline through 40 acres of old-growth forest, enjoy the white sandy beaches of Percy Priest Lake, relax in the lazy river or take in the waterslide at Nashville Shores.

Pickler & Ben – Get tickets in advance to a taping at their nearby studio, pending schedule.

Honky Tonking – A trip to Nashville would not be complete without walking down Broadway where many stars began their careers. Take the hotel's free shuttle to the Wildhorse Saloon (ask about 4 free admit tickets included in your hotel room resort fee) and take in a line dance lesson! Plan well in advance to try to obtain reservation to the famed Bluebird Café where songwriters perform "in the round" in the restaurant with seating only for 90.

Go to www.visitmusiccity.com for the official Nashville visitors page.

Opry Mills Mall. A short walk from the resort is Tennessee's largest outlet, shopping, dining and entertainment complex with a variety of fun family restaurants including the Downtown Aquarium where you dine between large fish tanks, Dave and Buster's, and Rainforest Café.

Babysitting. Locally recommended companies include Haven Nanny Services at 615-541-1068 and Nannies of Brentwood at 615-485-2250.



COLLEGE OF DIPLOMATES
of the American Board of Orthodontics
2131 Meadow Valley Dr.
Innsbrook, MO 63390



HARMONY IN ORTHODONTICS

BOOK A FAMILY GIG WITH THE COLLEGE!

FRIDAY - MONDAY, JULY 12-15, 2019

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ACT NOW to get all four parts in place for the perfect Harmony in Orthodontics. Refer to more detailed information in this brochure for details on these opportunities.

1 RESERVE YOUR HOTEL ROOM
Gaylord Opryland Resort & Convention Center
Nashville, Tennessee
By June 18 or as available
Go to: www.bit.ly/collegehousing
Or call 615-889-1000

College group rate rooms of \$219 single/double (including resort fee, plus applicable taxes) per room per night are based on first-come, first-served availability through June 18. Reservations received after are on a space and rate available basis. Each additional person is \$20 per room per night for individuals eighteen years of age or older. Premium view upgrades are

available at an additional charge. The lectures will be held in the Magnolia area of the hotel.

2 REGISTER WITH THE COLLEGE FOR MEETING
Early Rate by May 31
SoundWave Tickets by April 1
Go to:
www.bit.ly/collegeregistration
?s call 888-217-2988

Tickets to optional events offered with registration are limited. Register by May 31 to save with the early-registration discount rate. Register by April 1 or as available on a first-come basis with the College to secure a limited number of daily tickets from July 12 - 15 to the Gaylord Oprylands' SoundWaves Water Experience.

3 REGISTER WITH PRA FOR TOURS
By May 31 or as available
Go to: www.bit.ly/collegepra
?s call 615-851-9190, x108

Tour availability is limited and subject to cancellation if minimums are not met by May 31. A PRA representative will be at the registration desk on Friday, July 12, to pick up your tickets, answer questions and purchase tickets if still available onsite.

4 ORDER DISCOUNT TICKETS DIRECTLY
WITH GRAND OLE OPRY as available on a first-come basis for the JULY 13 GRAND OLE OPRY by going to their website www.Opry.com/ calendar with the discount code CORP89. Refer to detailed instructions inside this brochure.



**ARRIVE FRIDAY,
DEPART MONDAY NOON!**

**GO TO
WWW.CDABO.ORG
MEETING PAGE FOR ALL DIRECT
REGISTRATION LINKS.**